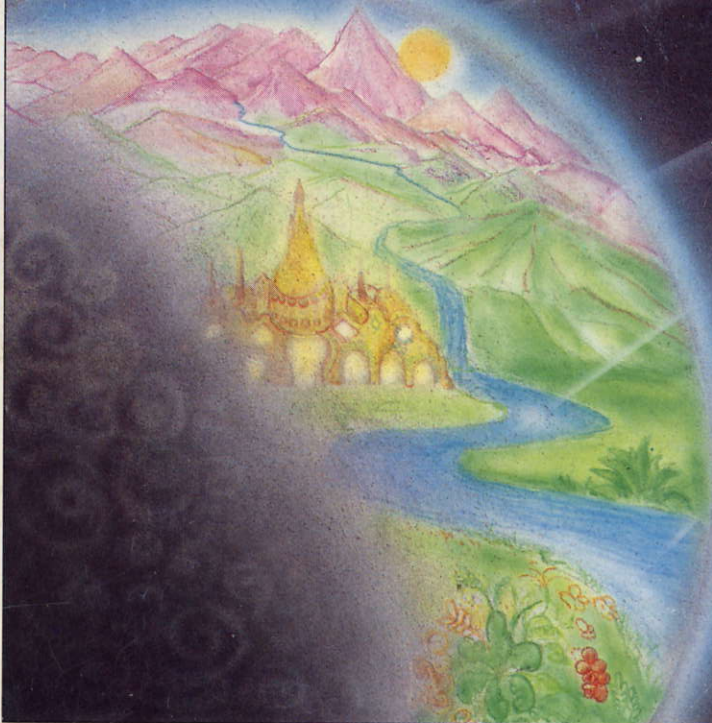


New Light For A Better World



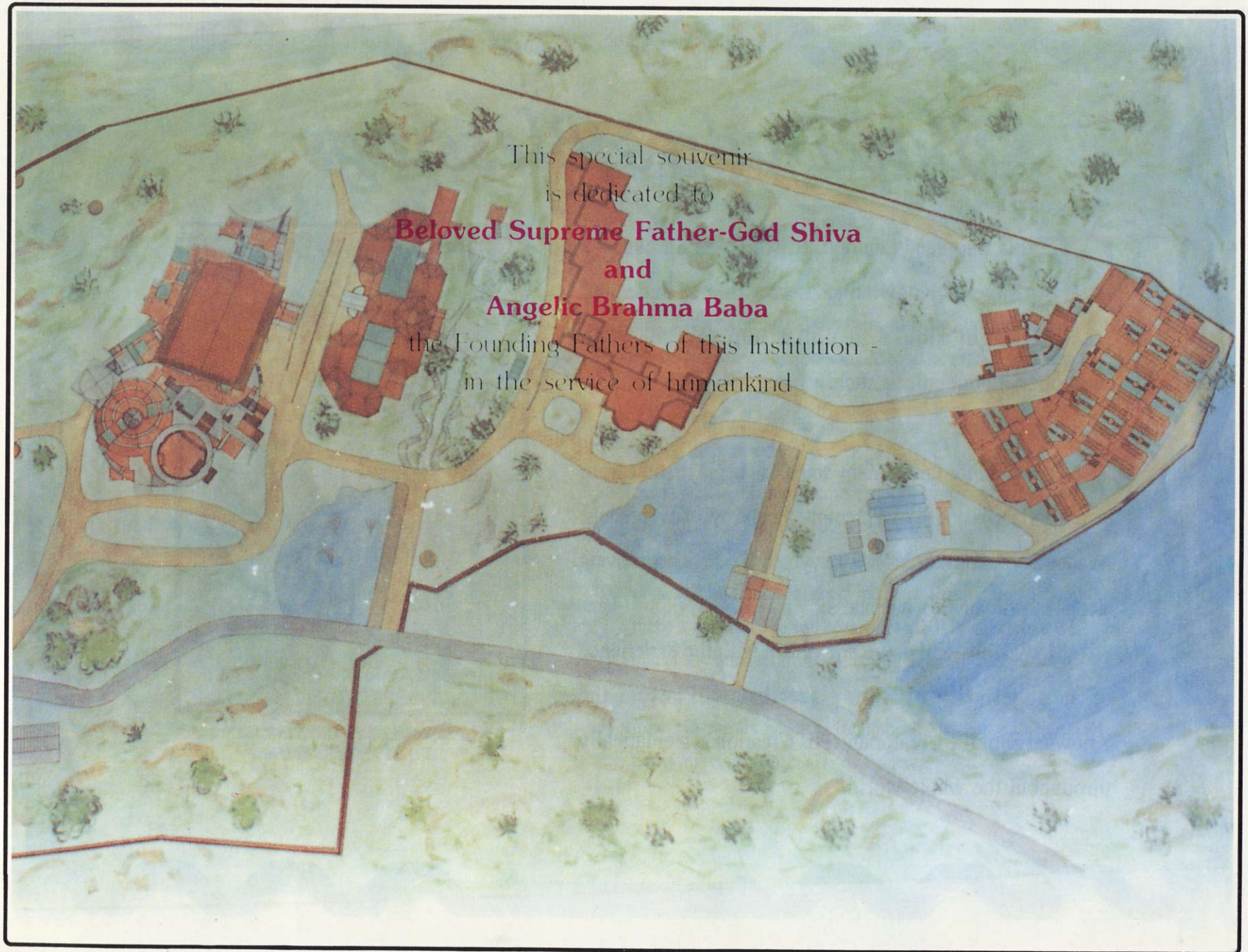
Prajapita Brahma Kumaris Ishwariya Vishwa-Vidyalaya

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Acknowledgement

The Editors would like to sincerely thank all those sisters and brothers whose cooperation made this special release of Souvenir possible on the occasion of the inauguration of the Academy for a Better World (Gyan Sarovar Vidyapeeth). Centres across the world generously supported this project by sending documentation and photographic records of their service histories. We would like to acknowledge the inspiration and cooperation of Bro. Ramesh N. Shah. Our sincere thanks are due to our divine brother Jagdish Chander Hassija for valuable guidance.



This special souvenir
is dedicated to
Beloved Supreme Father-God Shiva
and
Angelic Brahma Baba
the Founding Fathers of this Institution -
in the service of humankind

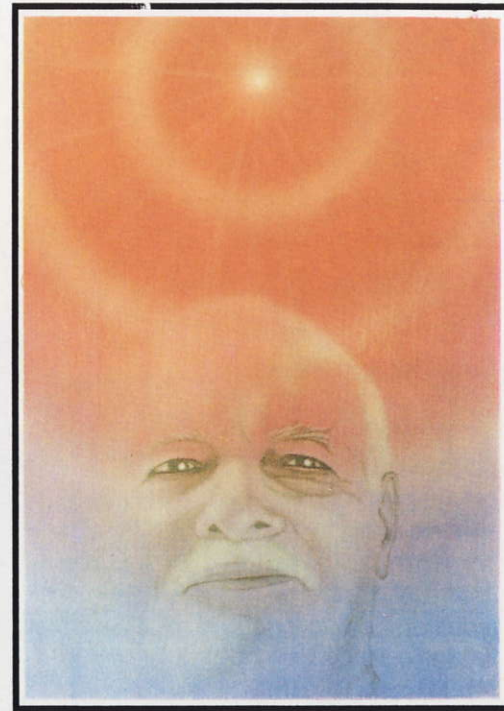
An artist's view of Academy for A Better World at Gyan Sarovar

BapDada's Blessings

This Sarovar is unique. It is a Gyan Sarovar-- a Lake of Knowledge. It is a Light House and Might House to uplift humankind. With everyone's cooperation, such a beautiful Lake of Love has been created.

The star of fortune of many souls will begin to shine from here. This land is one that will remove the sorrow of many souls. As soon as you come to this Sarovar, you will experience moving along with the waves of happiness.

Many souls will come and return with the experience of an angelic life. It is a place that will reveal the Knowledge of the Creator and His Creation systematically throughout the whole world.



*Supreme Father God Shiva and
Angelic Prajapita Brahma*

Thus spake Mateshwari



Mateshwari Jagdamba Saraswati

It is said that by bathing in the lake of knowledge one becomes an angel. Spiritual knowledge gives me the understanding of who I am, who the Supreme is, and what is righteous action. On the basis of this understanding I develop the wisdom to create an elevated life for myself. It is said, human beings have the power to create whatever they desire. But if spiritual values are not understood and taken into consideration, that power can lead the world to degradation and even destruction. Spiritual knowledge is like a mirror in which I see myself in my original state -- a state of purity, peace and happiness -- where there is natural love and regard for all. It is only when we practically bring such understanding and spiritual values into our lives, when we transform, that we can become instruments for world-transformation and upliftment. And the seed for such transformation is spiritual knowledge.

Message



Rajyogini Dadi Prakashmani
Chief of Brahma Kumaris

Gyan Sarovar - The Academy for a Better World is a symbol of the dedication, devotion, determination and cooperation of hundreds of thousands of brothers and sisters who love the Supreme and His Creation. It is also a monument to the inspirations and visions of the Supreme and is dedicated to the service of humanity.

This Gyan Sarovar - a holy lake - will be a place of transformation and enlightenment. It is a place for attainment and achievement. A place for refilling, recharging and rejoicing and it will be a place to get strength to turn visions into reality.

The spiritual atmosphere that exists here is from the direct source of the Almighty. A sincere and humble attempt to know oneself and God will be fulfilled in this sarovar. It will be a place to fulfil all the desires and hopes for making a better society.

The education provided in this Academy will become the force to reach across differences to unite the mental, spiritual, cultural, social, religious and political, and thus remind the people of the world that we are one family.

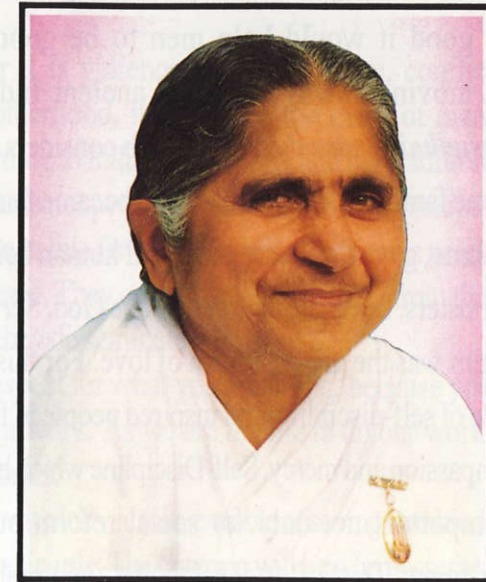
Om Shanti

Message

This Academy is a place of retreat for all souls where they can come and fill themselves with power from the Supreme. It is that One who brings happiness into the lives of all. The values missing in the world today are because we have lost touch with that One - with the qualities of the Father. The Academy for a Better World will bring those qualities, those values to life through the study of the knowledge of Rajyoga Meditation. When human beings come to know those eternal qualities, only then will they find the happiness and peace they have been searching for.

Here in Gyan Sarovar, the 'Lake of Knowledge', let people come and refresh themselves and go back changed to their lands. Let them take with them the values they find, the values that will bring about a different world -- a better world. And let them take the blessing of courage to keep those values in their lives and to share those values with their families, friends and colleagues.

Om Shanti



Rajyogini Dadi Janki,
Additional Chief of Brahma Kumaris

World as One Family

If men are good, society will be good and if society is good it would help men to be good. Humanity is moving away from the ancient Indian concept of “*Vasudhaiv Kutumbakam*” which considers the whole world as one family. Dada Lekhraj, who became famous as Prajapita Brahma, gave the message that all human beings are brothers and sisters, being the children of one God. Service of humanity to him was the greatest form of love. For this, he laid down a code of self-discipline and inspired people to follow the path of compassion and mercy. Self-Discipline which brings self-control is important not only for social reform but also personal betterment. The feeling of belonging, universal brotherhood and compassion for all has to be developed.



His Excellency Dr. S.D. Sharma, the President of India delivered this message after the release of Pitashri Prajapita Brahma the Commemorative Postage Stamp, issued by the Government of India, at Rashtrapati Bhavan on 7th March, 1994.

Inspirations



Hon'ble Shri P.V. Narasimha Rao, Prime Minister of India, delivered this message while inaugurating the 'International Conference on Universal Harmony' at Mount Abu on 5th February, 1993.

Spiritual Power-- Key to World-Leadership

Whether it is violence or non-violence, conflict or brotherhood, it is born in the mind of man. According to Indian philosophy and our tradition, the absence of war is not peace. Peace is a positive concept.

People come to this far-off place because there is peace here. They feel peace. They come to take something from this place and in turn they disseminate it further.

I have all respect for what you are doing, because you are only doing our work. As we are unable to do our work, you are doing it for us.

The country with lofty ideals, capable of saving mankind, shall get the leadership role. The criterion will be who possesses the most spiritual power.

About the Institution

Prajapita Brahma Kumaris Ishwariya Vishwa-Vidyalyaya

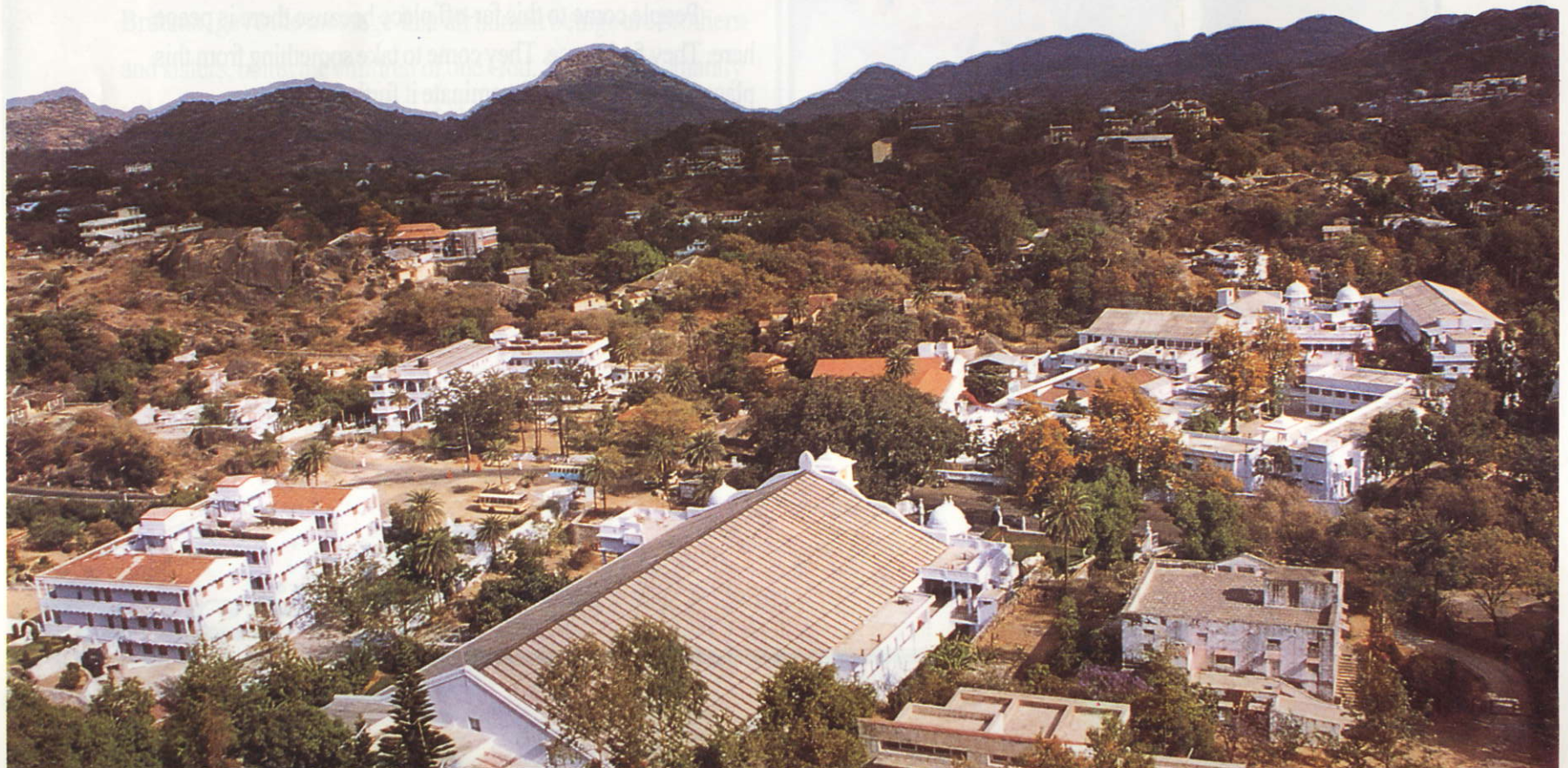
The past few years have seen a groundswell of interest in the study of values and their applications in life. Long before this became fashionable, a small dedicated group of about 300 individuals in Sindh, then in India, was quietly going about the process of bringing values into their own lives whilst working towards a 'vision of

values' for all human beings. This vision seemed completely impossible to many who watched from afar, but it was a vision which this group undertook to achieve with determination, faith and love.

The nucleus has expanded to become an international organisation with over 3,500 centres and sub-centres in 65

countries. The foundation of the Prajapita Brahma Kumaris Ishwariya Vishwa-Vidyalyaya is that all students of the Institution dedicate themselves to bring virtues and values into the world both through personal example and through education. But above all, every student has the same aim and the same focus - and this brings common meaning - and where there

is common meaning, there is love and cooperation. As one of the largest active networks in the world, the Brahma Kumaris are able to achieve extraordinary results because they constantly aim to appreciate the many differences whilst consciously keeping in mind their shared meaning. This common understanding is drawn from three



aspects.

Identity - all students study and explore the true nature of the self; The Supreme Soul-- God Shiva, who is the Guide and focus for personal change and world transformation through the practice of Rajyoga Meditation and all follow the inspirational example of the Founding Father Prajapita Brahma who attained the stage of perfection in 1969.

The Activities of the Institution

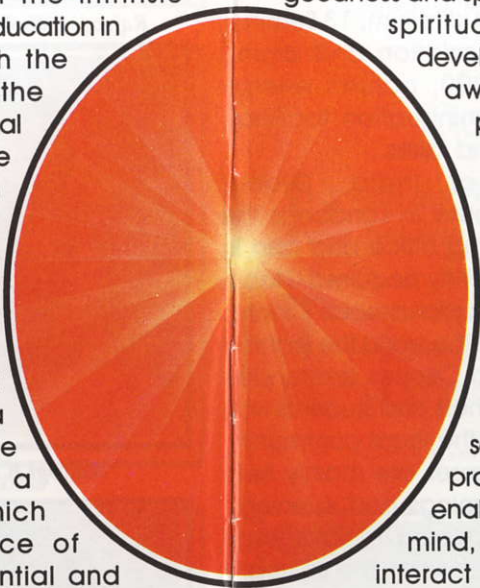
The Institution works at all levels of society seeking to help bring about positive change in the world by offering a range of education programmes in moral and spiritual values aimed at building a greater awareness of the worth and dignity of the human person. The curriculum is based on the recognition of the intrinsic goodness and spirituality of every human being. Education in

combined with the qualities and the dormant personal extension of the spirituality in

In a world standards, dis-values and unpredictable University seeks individual and by offering a standing of the It teaches a meditation which achieve peace of personal potential and constructive and fulfilling way.

The acquisition of knowledge is the key to the door of personal power and when one has the vision of what lies beyond the door, the journey back to original beauty of the self begins. This journey brings an increasing awareness of the value and potential of life, a deeper sense of self identity, clearer judgment, greater self-respect and a more stable personality. These are the springboards for greater mastery of the self, right action and harmonious relationships.

The courses, classes and lectures aim to balance the rational and intuitive faculties of the intellect, and provide each individual with the



spiritual principles is development of latent awakening of power - a natural expression of one's life.

of declining integrating rapid and change, the to heal individual societal trauma spiritual under-self and the world.

practical method of enables individuals to mind, develop their full interact with others in a

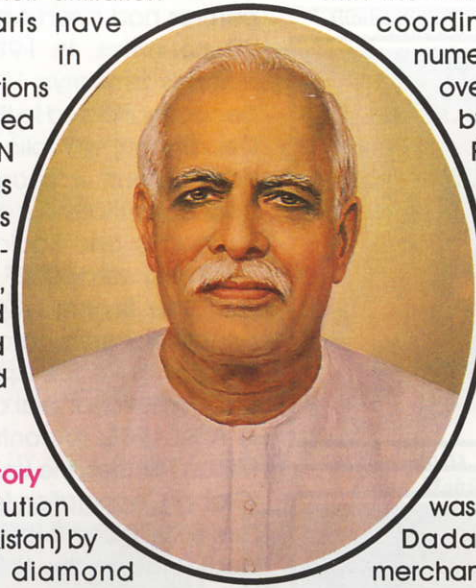
ability to call on his or her inner resources and strengths in any situation. Teachers and students from the University also visit community clubs and organisations, prisons, hospitals, schools and businesses, providing tuition in personal skill development, meditation and team building through workshops, seminars and lectures.

Towards a Better World

The work of the Prajapita Brahma Kumaris Ishwariya Vishwa-Vidyala is inspired by the vision of a world where every individual can develop to his or her own full potential as a human and spiritual being, and live in harmony with others and with the natural world.

The work of the Brahma Kumaris in achieving this vision can also be seen through their affiliation with the United Nations. The Brahma Kumaris have coordinated and participated in numerous UN activities and its contributions have been recognised over the years have

been recognised by the UN in the form of six UN Awards. Its UN programmes the environment, youth, drug and abuse, child armament and tarian issues.



support on human rights, ment, develop-women, health, substance welfare, dis-other humani-

History

The Institution was founded in Sindh (now part of Pakistan) by Dada Lekhraj, a prosperous diamond merchant. In 1936, at the Age of 60, he began giving up his business activities to devote himself entirely to contemplation, meditation, spiritual development and the service of humanity. He experienced a series of visions which he shared with others and this soon resulted in a community of people dedicated to a life of spiritual study and practice and to the upliftment of the world. These visions gave a well-knit and clear picture of a world order that would become a functional reality by virtue of new values, new attitudes and new lifestyles. For fourteen years, until after the independence of India and Pakistan, the founding group of 300 people lived as a self-sufficient community, spending their time in intense spiritual study, meditation and



Rajyogini Dadi Chandramani



Rajyogini Dadi Hridaymohini



Rajyogini Dadi Nirmal Shanta

Our inspiring Dadis

self transformation.

In 1951, the community moved to Mt Abu in the Rajasthan State of India. Invitations to establish centres in Delhi and Bombay followed a year later. By 1969, when the Founder attained the stage of perfection, there were about 400 centres throughout India.

In 1971 the first centres outside India were established in London and Hong Kong and by the early eighties centres had been established in over 40 countries. In 1980, the Brahma Kumaris Ishwariya Vishwa-Vidyalaya became affiliated to the United Nations Department of Public Information as a non-governmental organisation. It has had consultative status with the UN Economic and Social Council since 1983 and with UNICEF since 1988.

The Brahma Kumaris was the principal coordinator of The Million Minutes of Peace Appeal during the UN International Year of Peace in 1986. In April 1988, to continue the work of Million Minutes, the University launched 'Global Cooperation for a Better World', the first Peace Messenger Initiative dedicated to the UN. 1995 sees the University strengthen its association with the UN by contributing to its 50th Anniversary celebrations. The United Nations theme for its 50th year is "We the peoples of the United Nations ... unite for a Better World" and the Brahma Kumaris worldwide celebrate this year as 'Sharing Values for a Better World.'

Our inspiring senior Brothers

Facilities

The International headquarters of the University is situated in Mt Abu, Rajasthan, India where tens of thousands of people from around the globe retreat each year. In addition, just four kilometres from the headquarters, the recently constructed Academy for a Better World is situated. Here nestled in the natural terrain, the Academy consists of a 1600 seat auditorium, 13 Seminar Halls, accommodation and dining facilities for 1200, natural energy generators, administration facilities, park grounds and lakes.

Outside of India, Global Cooperation House in London is the main coordinating office and also in the UK is the recently acquired Global Retreat Centre in picturesque Oxford.

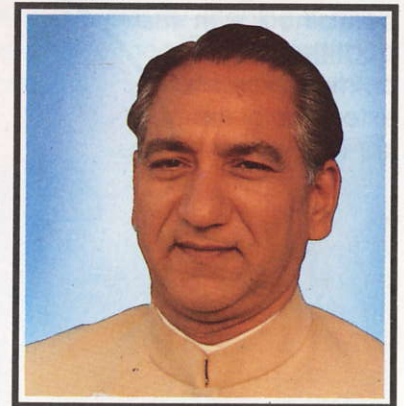
Throughout the world the Brahma Kumaris Rajyoga Centres are funded and run by teachers and students who live and work in the local community. Courses and classes are mainly held in the early mornings and evenings. All activities are offered free of charge as a community service. The University is registered as a charity in many countries.

The auxilliary bodies of this Institution are:

- ❖ World Renewal Spiritual Trust
- ❖ Rajyoga Education & Research Foundation
- ❖ Global Hospital & Research Centre.



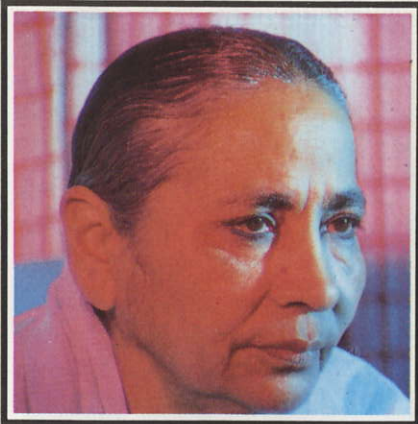
Rajyogi B.K. Jagdish Chander



Rajyogi B.K. Nirwair



Rajyogi B.K. Brij Mohan



Didi Manmohini



Shantamani Dadi



Hridaypushpa Dadi



Manohar Dadi



Ishu Dadi

Our Special Personalities

It is with our deepest respect and gratitude that we present our beloved Senior Sisters and Brothers.

Their practical example and unswerving commitment to the service of humanity, act as constant inspirations for all of us to carry forward the message of the Supreme.



Ratan Mohini Dadi



Bholi Dadi



Dada Vishwa Ratan, Dada Chandrahas & Dada Anand Kishore



Atam Indra Dadi

The Academy for a Better World

-- A New Light in Global Education--

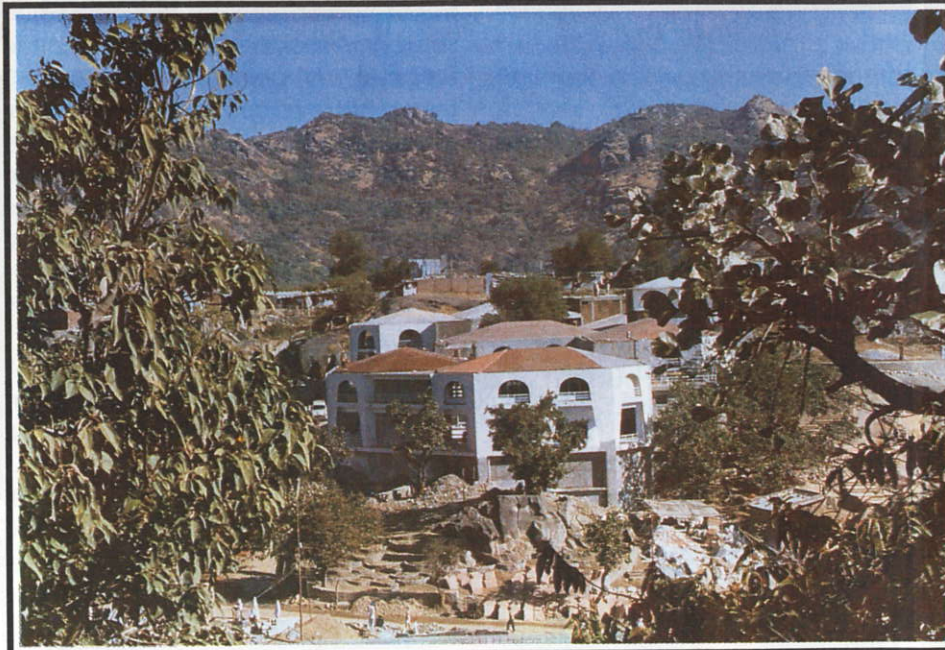
Founded by the Brahma Kumaris the Academy for a Better World is a non-conventional institution for higher learning . In Hindi the Academy is known as 'Gyan Sarovar Vidyapeeth' meaning the Lake of Knowledge. The name is reminiscent of Man Sarovar about which the legend goes that anyone who dipped into the lake emerged in the form of a fairy or an angel. The Academy wishes that there who choose to dip in the 'Lake of Knowledge' happily emerge highly transformed.

In this, the Information Age, the Knowledge Era, the catchphrase is - 'knowledge is power'. The Academy believes that this is only part truth and explores the often missing element of the application of knowledge and power through the filter of spiritual values.

Environment Conducive to Learning

The ABW is a community development project involving the construction of a complete village complex on 25 acres of land in the Aravali Hills in Rajasthan, India. On this land, Brahma Kumaris have created a retreat atmosphere without disturbing the natural topography and the original environment. The design of the Academy

manages to integrate both urban and rural elements into harmonious and holistic environment which is eco-friendly -- free from the air and noise pollution of the city.



A view of International Centre for Higher Learning

Mt Abu - Royal and Sacred

The Academy is located just four kilometres from the Brahma Kumaris' world headquarters at Mt Abu . History tells stories of many Rajput Kings who built their palace or summer house in the surrounding hills. In ancient texts and folklore, Abu the holy place, is associated with the names of

sages and seers and there are many temples and hermitages to be found in the area. In particular, the Dilwara Temples, built and sustained by the Jains are specially known for their deep, delicate and majestic marble carvings in pillars, ceiling and deity forms.

What is the Purpose of the Academy?

The primary purpose of the Academy is to provide a global education and training facility. The central theme of this education is to help individuals realise their full potential and encourage development of the universal, moral and spiritual values which are rapidly disappearing from almost every society in the world.

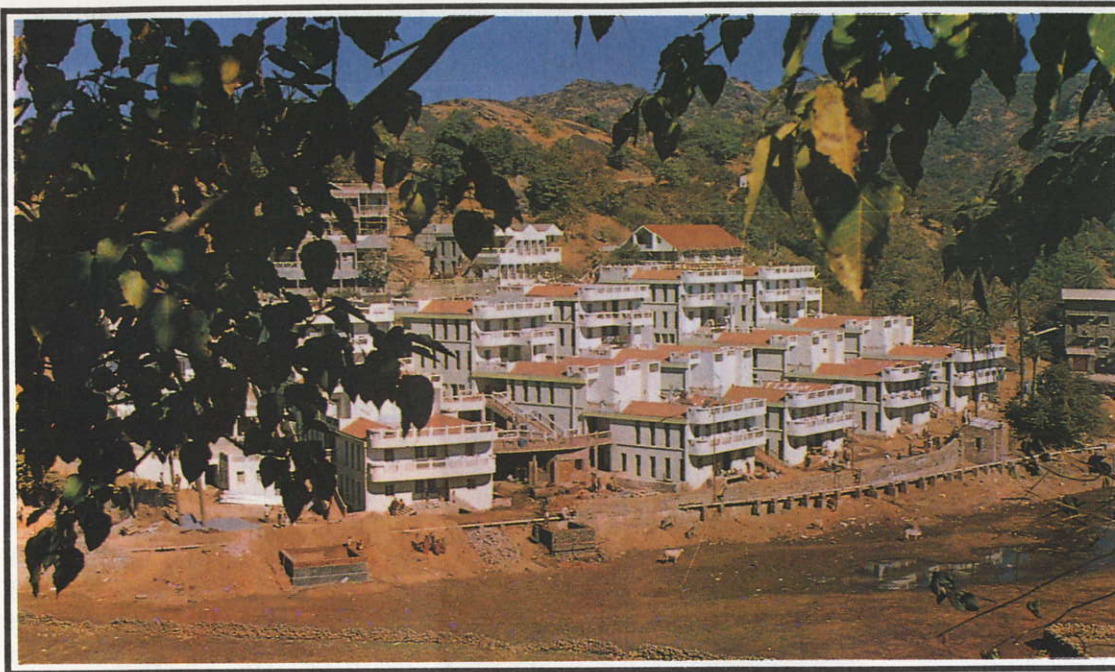
Course Content

The curriculum of the Academy will examine existing paradigms and world views and will offer values education, required to create a truly sustainable future which integrates physical, spiritual and social betterment.

The Academy will design trainings and hold conferences and forums in which concerned world citizens will participate in

charting a new course for humanity based on innate moral and spiritual values. The Academy will use such effective technologies, methodologies and management techniques which will enhance and accelerate the integration of these values into the hearts and lives of human beings.

Tailored courses from five to thirty days



A view of residential complex-- Rajrishi Bhawan

have been designed to serve the educational needs of managers, scientists, lawyers, doctors, the media and other professionals along with a variety of courses for those not involved in professional life. Courses include subject areas such as self-empowerment, positive thinking, meditation, practical spirituality, conflict resolution and self-management.

Facilities of the Academy

Universal Harmony Hall

The Academy has an Auditorium, named 'Universal Harmony Hall', which has seating capacity for about 1600 persons and facilities for simultaneous translation in more than 16 languages. It has been designed with excellent acoustics and has both heating and cooling systems.

International Centre for Higher Learning

There are thirteen Seminar Rooms to be found on campus to facilitate experiential learning forums as well as traditional lecture type education. The seating capacity of the Seminar Rooms varies from 75 to 150.

Meditation Halls, Art Gallery/Museum

The Academy has two Meditation Halls for practical courses in meditation and consciousness training. The planned museum aims to promote positive attitudes and universal moral, human, social and spiritual values.

Administration Block & other Facilities

The Academy has an Administration Block and other facilities and infrastructures is in place which ensure the smooth running of such an

institution. Also in the campus are Reception area, plaza, photocopying facilities and photo section, audio and video departments,

Residential Complex - Rajrishi Bhawan

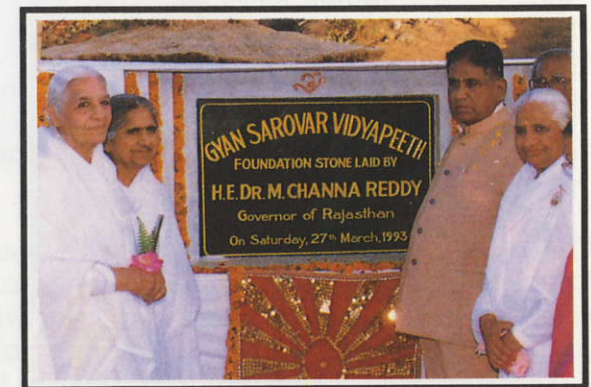
The Academy has a residential complex that can presently accommodate about 600 people and the adjacent complex will house a further 600 guests.

Dining Halls and Kitchen

The Gyan Sarovar Complex has a very large kitchen and a number of dining halls to serve vegetarian and Sattwic food to about 1200 people at a time. Delicious food is prepared here on dietary principles and in the entire complex, alcohol and smoking are prohibited.

Eco-friendly Environment

After this land was acquired, the Academy planted about 10,000 trees so as to provide fruits and maintain a rural retreat atmosphere. To protect the plants from the vagaries a 'drip' irrigation system has been installed. Care has been taken to provide continuous supply of power by supplementing existing power with solar energy throughout the complex.



Foundation stone was laid by H.E. Dr. M. Chenna Reddy the then Governor of Rajasthan.

Funding for the Gyan Sarovar Construction

The entire project has been totally funded on voluntary basis by the 300,000 regular students of the Institution around the world. Considerable assistance was lent by the other organisations -- the World Renewal Spiritual Trust and Rajyoga Education & Research Foundation.

Record

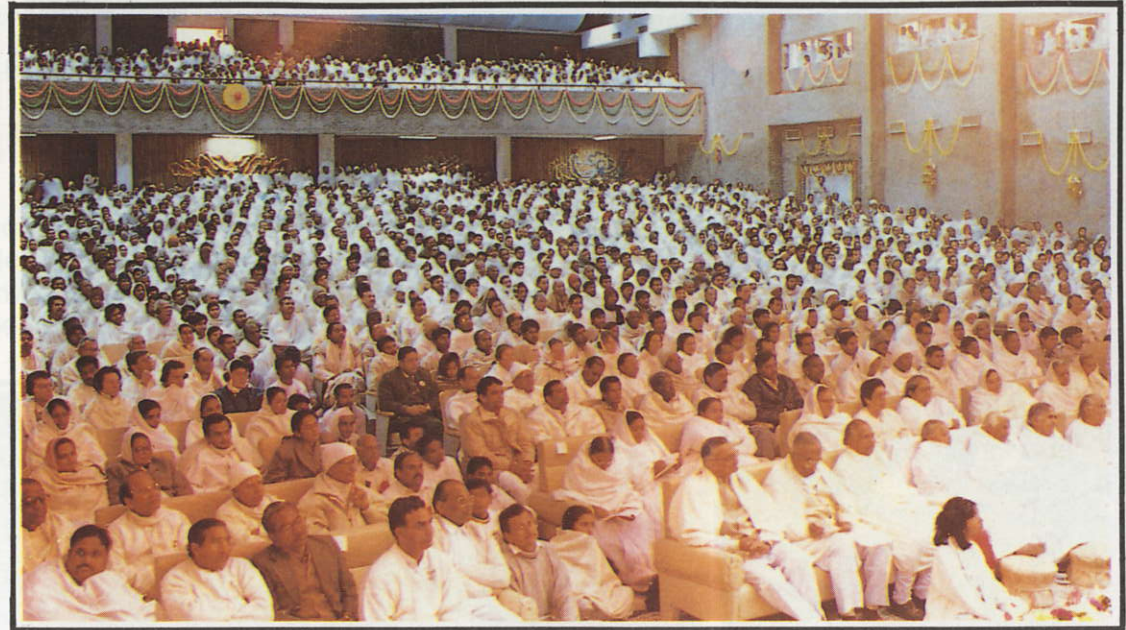
The whole complex was built in a record time, taking about 20 months, after its foundation stone was laid. Hundreds of Brahma Kumars and Kumaris, voluntarily contributed their skills, time and energy. Many engineers, architects, contractors and business agencies also generously made available their invaluable expertise and supplies.

Looking Ahead

Gyan Sarovar promises to be a lighthouse in an often dark and turbulent world of change. It will provide opportunities for learning and spiritual nourishment, refreshment and awakening and will generate leading edge knowledge, combining spiritual wisdom and the very best modern practice to provide guidance in creating a truly sustainable future.



A view of kitchen & dining complex



Academy Universal Harmony Hall



Spiritual Family gathering at Gyan Sarovar

Publications and Periodicals

This spiritual institution has published a wide variety of books on philosophy, spirituality, Cosmology, Rajyoga, Values, Management through spiritual principles, education and other subjects. These publications appear in different Indian and foreign languages, Indian languages include Hindi, Marathi, Gujarati, Punjabi, Tamil, Telugu, Kannada, Malayalam, Oriya, Bengali, Assamese, Urdu and Sindhi. In foreign languages, publications can be read in English, French, Spanish, Portuguese, Russian, German

and Polish.

Of hundreds of publications, some especially popular books are:

In Hindi:

- * *Yog ki Vidhi aur Siddhi*
- * *Brahmacharya*
- * *Mahabharat aur Gita ka Sachha Sar*
- * *Ek Adbhut Jeevan Kahani*
- * *Saptahik Shikshan*
- * *Shrimad Bhagavad Gita Sar*
- * *Divya Guno ka Guldasta*
- * *Gyan Yog Path Pradarshani*
- * *Kamal Pushp Saman Pavitra-Jeevan*



Tapasya Dham at Shantivan, Abu Road

In English:

- ❖ The World Drama
- ❖ Adi Dev
- ❖ Eternal Drama, Soul, Matter and God
- ❖ Positive Health
- ❖ Illustration on Rajyoga
- ❖ Peace of Mind
- ❖ New Beginnings
- ❖ Practical Meditation
- ❖ Drug Awareness
- ❖ Science and Spirituality

These periodicals include:

- 📁 Purity - English Monthly
- 📁 World Renewal - English Monthly
- 📁 Gyan Amrit - Hindi Monthly
- 📁 Gyan Amrit - Gujarati Monthly
- 📁 Amrit Kalash - Marathi Monthly
- 📁 Vishva Nav Nirman - Kannada Monthly
- 📁 Sangam Yugam - Tamil Monthly.

Periodicals

For the regular sustenance of spiritually minded people, be they students of the University or otherwise, a number of periodicals are being published in Hindi, English, Marathi, Gujarati, Kannada and Tamil.

The Institution has its own printing and publication department housed in Gyanamrit Bhawan at Shanti Van, Abu Road. The Chief Editor of our major publications is B.K. Jagdish Chander Hassija, and other editors include B.K. Brij Mohan and B.K. Atam Prakash. ♦



Gyanamrit Bhawan for Printing & Publication at Shantivan, Abu Road.



Peace Park

A Tourist Oasis

The Brahma Kumaris' Peace Park is both lovely and serene. It is the realisation of a dream, a natural environment where silence and recreation coexist. The Peace Park is nestled between two famous peaks of the Aravali hills - the well known spiritual pilgrimage destinations of Guru Shikar and Achal Garh.

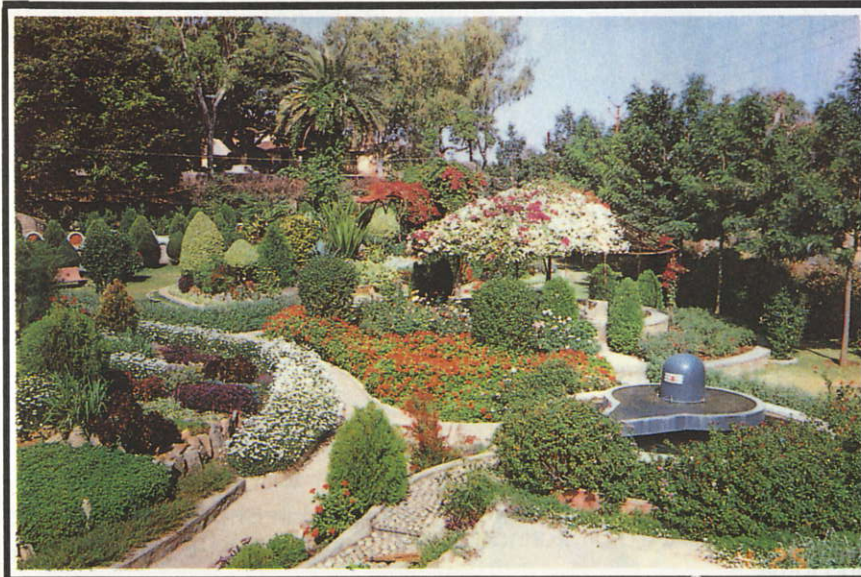
The Park is an oasis of natural beauty found only 8 kms from the Brahma Kumaris' Headquarters in Mount Abu. Part of the charm of the park is that it is lovingly cared for by *Brother Kishore D Shah, Sister Vasanti K Shah and Bejul K Shah* who delight in welcoming many thousands of tourists to the park every year.

In addition to offering guided tours to fully appreciate the natural beauty of the environs, visitors are also introduced to the innate beauty of the human soul. A short video presentation is available for visitors which highlights concepts of interest within the teachings of Rajyoga. After the video, visitors are invited to experience the practical effects of Rajyoga meditation in a choice of venues - the open air grass hut, the stone cave, the bamboo meditation hut or if they choose they may simply find a quiet place in the naturally peaceful atmosphere of the park's gardens.

The park offers a perfect recreation retreat, with playing fields, picnic areas, swings, and nature walks. When you enter the park grounds, you will find the unique Rock Gardens which play host to a wide variety of Succulents. The Park is landscaped to house an orchard area and citrus corner as well as floral displays which include ornamental shrubs, coleus, geraniums, hibiscus, climbers and creepers with the speciality of the park being an exquisite rose garden.

This rose garden is a fine collection of traditional roses of many colours and also has a special display of hybrids including Tea Roses, multicolour, bicolour, striped, Chinese minatures and Floribundas.

The eight acre boundary walls are a work of art in their own right being decorated with Rose Climbers, Honey, Oleanders and Nightqueens for fragrance and Bouganvillea to add the vibrancy of colour, while the shady branches of the Silver Oaks offer travellers some respite from the hot Indian sun. ◆





H.E. Mr. S.R. Insanally, President of the United Nations General Assembly, on the 4th September, 1994 during his visit to Brahma Kumaris Headquarters, Mt. Abu.

Paradise Found

It is my view that the closest thing perhaps that we have to an earthly paradise is the Brahma Kumaris Universtiy in Mt Abu. It is a Shangrila, a community of people who are dedicated to universal peace and harmony.

There is so much good work being done in Mt Abu, including the Global Hospital, where I was able to see first hand that love is being practised, not only preached. There are so many ways in Mt Abu of glorifying life, and glorifying the Godhead, the Supreme Being. The high point however was the experience of meditation. Meditation is a word that suggests to take measurement of your life.

You see where you are going and I think we need to reflect before we speak and before we act. And if indeed the United Nations could do that, I think it would much better satisfy its functions and aspirations under its Charter.

...Uniting for a Better World

'We the peoples, are the seeds of a better world.'

LOOKING BACK

The Brahma Kumaris Ishwariya Vishwa-Vidyalyaya was formed during the tense years, just before World War II. In the aftermath of the League of Nations, and during the World War that gnawed at the roots of civilisation, world leaders met in the West with the aim of determining the nature of the peace that would ensue. They met repeatedly, unaware of a parallel deep concern for peace that was

being expressed on the other side of the world.

In Karachi, India (before the partition), a group of men and women came together, united by their commitment to the betterment of the human condition.

As the world leaders formulated a blueprint for a new world order of international peace, security and justice, these spiritual leaders (the founding members of the Brahma Kumaris) were researching the internal spiritual

values of peace, purity and happiness that they considered necessary to restore human dignity and worth.

A UNIQUE VOICE

The Brahma Kumaris World Spiritual University offers spiritual education to promote peace and an improved quality of life in the world. It sees that improvements in social, economic and political systems and structures are at best short-lived without a corresponding

improvement in peoples' attitudes and ways of thinking, both individually and collectively.

With the guiding values of peace, cooperation, understanding and respect, the Brahma Kumaris address a broad range of areas within the scope of the UN programs and activities.

In 1980, the Brahma Kumaris became affiliated to the UN Department of Public Information. In this capacity, they regularly disseminate information about the UN's programs of action through magazines, newsletters and periodicals and through conferences, seminars and dialogues. Appointed representatives regularly attend briefing sessions and keep the University's members familiar with relevant UN information resources. At the annual DPI conference these representatives report back to the UN on the Brahma Kumaris' outreach activities. UN speakers are invited to international and regional conferences organised by the Brahma Kumaris annually.

After three years of building a successful working relationship which was consistent with the spirit, purposes and principles of the UN Charter, the University's relationship was extended by formal affiliation to the UN Economic and Social Council; and it was granted consultative status in 1983. Through this affiliation the Brahma Kumaris offer to the international community



On behalf of the United Nations Secretary General, Mr. V.S. Safronchuk, Under Secretary General of U.N., presenting the 'International Peace Messenger Award' to Rajyogini Dadi Prakashmani, Chief of Brahma Kumaris in New York.



Rajyogini Dadi Prakashmani sharing spiritual experiences with Dr. Perez De Cuellar, the then Secretary General of U.N. & Mrs. De Cueller.

their expertise in relation to "reaffirm faith in the dignity and worth of the human person". (Preamble, UN Charter). The University has accredited representatives at New York, Geneva and Vienna who attend major international conferences and meetings and present written and oral statements.

In 1987 the University was granted consultative status with UNICEF. Under the auspices of this relationship the Brahma Kumaris focus on educational and health programs for women and children.

PROJECTS, PROGRAMMES, PUBLICATIONS

In 1986 the Brahma Kumaris coordinated the Million Minutes of

Peace project for the International Year of Peace and gathered over one billion minutes of peace. It was the largest non-fundraising international project undertaken. The University was awarded six national awards and the international title "Peace Messenger Organisation" by the UN Secretary-General. Following the observance of the International Year of Peace, the Brahma Kumaris initiated *Global Cooperation for a Better World*, the first Peace Messenger Initiative dedicated to the UN. One of the major highlights of the project was the inclusion of the Mt Abu Declaration within the Secretary-General's 1989 report to the 44th General Assembly on

Achievements of the International Year of Peace.

In 1993, "*Visions of a Better World*", a United Nations Peace Messenger publication was launched at the United Nations headquarters in New York. Drawn from the pure core of goodwill that is the bedrock of the human spirit, "*Visions of a Better World*" paints a picture of tomorrow that the people

in nearly 130 countries are longing for. This publication is a report on the Global Cooperation for a Better World project and is compiled, edited and published by the Brahma Kumaris. "*Visions of a Better World*" has been presented to numerous world leaders and is presently being translated into Spanish, French, Chinese, Hindi and Polish.

THE GLOBAL VISION STATEMENT

In a better world:

1. All people celebrate the joy of life.
2. Human Rights are respected and upheld and the dignity and integrity of all people is assured.
3. People live in ways that preserve nature's ecological balance in an environment that is beautiful and clean.
4. The planet's natural and abundant resources are shared equitably and the basic human needs of all people are provided for.
5. All people have equal opportunities to realise their potential through an educational process that has human, moral and spiritual values at its heart.
6. Life within the immediate family is loving, caring and fulfilling and is the foundation for harmony within the broader human family.
7. There is respect, understanding and tolerance in all human relations.
8. People communicate openly and in a spirit of equality and goodwill.
9. Social, economic and political justice is ensured through honesty, responsibility and respect for the rule of law.
10. Governments, as representatives of their people, are committed to their well-being. People participate cooperatively in efforts for a secure and peaceful world.
11. Science serves humanity and appropriate technology is applied to ensure sustainable development and enhance the quality of life.
12. All people enjoy freedom of expression, movement and belief while respecting the liberties and rights of others.

ALL GREAT ACHIEVEMENTS AND CHANGES BEGIN WITH A VISION



VISIONS OF A BETTER WORLD

Visitors include:
Sir Peter Ustinov
James Carter
Montserrat Caballé
James Burke
H. H. The Dalai Lama
Jonathan Parent
Archbishop Desmond Tutu
Sir Sikah Ramphal
Javier Perez de Cuellar
Leo Salonga
Olivia Newton John
Sir Edmund Hillary
Richard Leakey
Mahatma bin Muhammad



A book on 'Visions of a Better World'

VISIONS OF THE FUTURE

Mikhail S Gorbachev, The then President of USSR

"I am an optimist, and I believe that jointly we shall be able to make a right and worldwide historic choice, not to lose a great chance at the crossroads of centuries and millennia, to pass the present ever-hard transition to the world order. Not a balance of powers, but a balance of interests; not a search for profit at the expense of others, but a search for compromises and consensus; not a claim on the leadership, but a respect for an equality - these are quite easy conditions for the sensible people grown wise with the experience of the twentieth century, people who can serve as a foundation for such a worldwide movement forward."

Rajiv Gandhi, India

Throughout human history we have seen times of peace and times of war. But in my mind even the times of peace that we have seen have seldom really been times when we have been at peace with ourselves. Unless we change this basic thinking, until we break this mindset, we are not going to have what we call "shanti" in India. Superficially, the word means "peace" but it has a deeper meaning. You cannot have "shanti" unless the way the human mind thinks is altered. When I go to our villages there is a certain spirituality, a certain fulfillment. And then you go to another area, where what we call development has taken place, and they are not at peace with themselves. And how can anybody who is not at peace with himself create peace in the world.

John Major, Prime Minister of UK

"There are individuals within society who provide support outside their family for individuals and groups. We should applaud those who take this view and make this contribution to support their fellow humans."

H.E. Javier Perez De Cuellar, The Then Secretary-General of UN and Chairman, Commission on Culture and Development

"...As we look to the 21st century, we should take pride and derive assurance from our accomplishments. The progress of the past provides the foundation for our future. Based on the commitment to create a better world which is so clearly shared by people in every region, I have every confidence that new challenges can be met and that international cooperation will assume ever greater importance in our continuing efforts for the future."

H.R.H. Princess Basma Bint Talal, Jordan

"... Everyone needs to work and earn a living in order to survive, but it is freedom, love, dignity, and self-respect which give people the initiative and creativity to raise their standard of living, to develop rather than to survive, and to inspire and be inspired towards attaining a better society..."

INTERNATIONAL YEAR OF THE FAMILY

In 1994, "A Family Pack" was published by the Brahma Kumaris in celebration of the International Year of the Family. Through participatory activities such as stories, games and personal reflections, the "Family Pack" serves as an educational tool to acknowledge and appreciate differences as well as inspiring people to create a sense of belonging and 'family' through applying positive values in life.

In 1994, the Brahma Kumaris were asked to collect wishes from children around the world by the Jim Henderson Production Company for their forthcoming publication "My Wish is Home". This publication which is being released in May 1995 is dedicated to the United Nations 50th anniversary.

1995 AND BEYOND

In March, the Brahma Kumaris will be attending the World Summit for Social Development in Copenhagen, Denmark. The Brahma Kumaris will participate in the Values Caucus for the Summit and their voice will carry a strong message in support of the values embodied in the Summit's working document.

Preparations are also underway for active participation in the International Conference for Women in Beijing, China. Being an organisation which is administered by women, this conference holds

significant importance to the Brahma Kumaris.

SHARING OUR VALUES FOR A BETTER WORLD is an international project dedicated to the 50th Anniversary of the United Nations. This project aims to raise awareness of the existence of higher-order values as spiritual qualities within every person regardless of political, social, economic, cultural or ethnic background. From mid-September to mid-October, there will be major outreach programs by all centers of the Brahma Kumaris throughout the world to provide the opportunity to as many people as possible to participate in values awareness and development as a tribute to the UN 50. A Values Guidebook is being prepared to help facilitate this program.

LOOKING AHEAD

As we move towards the 21st century we must build bridges and achieve greater cooperation between people and people, people and governments, and governments and governments.

The opening of the Academy for a Better World at the University's Headquarters in Mt Abu, Rajasthan, India is a milestone within the working partnership between the Brahma Kumaris and the United Nations as they continue their work together for a united and better world.



The message delivered by Rajyogini Dadi Janki in Rio

This Message was delivered at the United Nations Conference on Environment & Development held at Rio, Brazil.

"It is because you have so much love and mercy for humanity and human life that you feel people's lives should be saved from the danger of the environmental crisis. But have you ever thought why you have such good wishes and feelings of mercy? What is the connection between all souls? In fact, all souls have an eternal, imperishable connection of spiritual brotherhood. And it is this subtle connection that creates good wishes and feelings of mercy. Realising this, you can cooperate and progress a great deal in the task you have taken up. The main reason for pollution in the external atmosphere is the mental pollution within human beings. The atmosphere is created through people's attitudes. And so it is essential for people's attitudes to be transformed. By doing this, everyone working for this task, giving of their time and energy, incurring physical discomfort, mental tension and financial expense, will easily be able to attain success. Remember that success is the birthright that all souls receive from God."

Spiritual Values Awaken in Europe

LONDON: In 1971, by invitation, a six-member delegation from the Brahma Kumaris in India set out to establish Brahma Kumaris Raja Yoga Centres in Europe and America. The members of the group included B.K. Jagdish Chander, B.K. Ramesh Shah, B.K. Dr Nirmala Kajaria, B.K. Shivkanya, B.K. Sheel Indra and B.K. Usha.

The group travelled for one year and established a number of centers including London and Hong Kong. The centre opened in London is today the main coordinating office of the Brahma Kumaris outside India.

Dadi Janki was sent to London by the Founding Father, Prajapita Brahma and incorporeal Father God Shiva. Since then she has been the source of inspiration and enthusiasm to strengthen and sustain spiritual service.

With the support of students worldwide, Global Cooperation House was built in London in 1990 as memorial to the International Global Cooperation for a Better World project. The House has become a hub of activities, being a service lighthouse for the UK as well as coordinating the global activities of Brahma Kumaris centres in overseas countries.

Courses offered

Courses, seminars and lectures offered at Global Cooperation House and Global Retreat Centre include:

A wide variety of courses are offered for improving the quality of life. These include:

- ⊗ The Foundation Course in Meditation - the journey and the destination
- ⊗ Positive Thinking - making your mind your best friend
- ⊗ Self Management for stress free living
- ⊗ Creativity - finding the inner clarity
- ⊗ Personal Empowerment.



Global Cooperation House, Brahma Kumaris Overseas Coordinating Office, London.



B.K. Jayanti

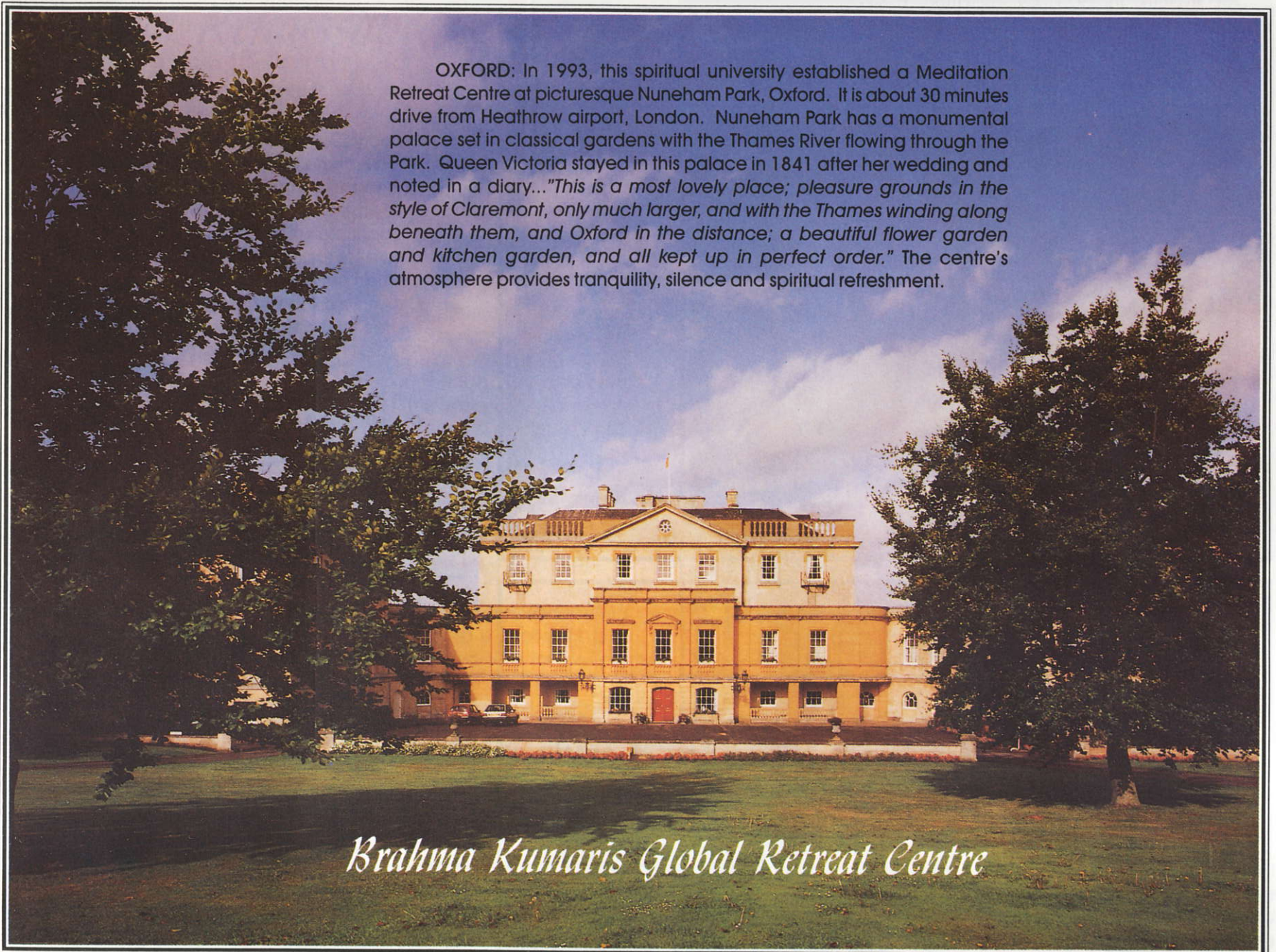


B.K. Sudesh

Weekly Seminars

There are a number of weekly seminars offered here for personal and professional development which include:

1. The Spirit of Leadership
2. How to be a True Hero
3. Women - towards a new consciousness
4. Virtues - tools for life
5. Effective Decision Making
6. Facing Challenges
7. Strengthening Family Relationships.



OXFORD: In 1993, this spiritual university established a Meditation Retreat Centre at picturesque Nuneham Park, Oxford. It is about 30 minutes drive from Heathrow airport, London. Nuneham Park has a monumental palace set in classical gardens with the Thames River flowing through the Park. Queen Victoria stayed in this palace in 1841 after her wedding and noted in a diary...*"This is a most lovely place; pleasure grounds in the style of Claremont, only much larger, and with the Thames winding along beneath them, and Oxford in the distance; a beautiful flower garden and kitchen garden, and all kept up in perfect order."* The centre's atmosphere provides tranquility, silence and spiritual refreshment.

Brahma Kumaris Global Retreat Centre



Inner Space on Regent Street

January 27, 1995 marked the special occasion when Brahma Kumaris launched 'Inner Space' in London. 'Inner Space' inaugurated by esteemed film director, Lord Richard Attenborough of Gandhi fame, is an information centre for experiencing peace of mind and is situated between Oxford Circus and Piccadilly Circus. Lord Ennals, former UK Secretary of State for Health, spoke of 'Inner Space' as the 'engine room' of peace for London.

Surrounding 'Inner Space' are miles and miles of London's exclusive shops. Dadi Janki, Additional of Chief Brahma Kumaris, says of Inner Space - "This too is a shopping centre, where people will be able to experience the love that comes from One. You won't need a shopping bag, you won't need money, but you will need a heart that is open and a head that is free so that you can fill yourself with all the treasures here.



*Bro. B.K. Jagdish Chander presenting
a memento to H.E. Pope John Paul.*



*Brahma Kumari Maureen, Rajyoga Teacher,
addressing 'Self Management' seminar.*

Spiritual Renaissance in the Southern Hemisphere

Australia

1995 marks twenty years of Brahma Kumaris service in Australia. In 1975, Dr Nirmala Kajaria from Bombay became the instrument in establishing the first Brahma Kumaris centre in Sydney, Australia. Brahma Kumari Dr Nirmala is presently the Director of Rajyoga Centres in Australasia and South East Asia.

Not long after arriving in Sydney, she was interviewed on national television and articles were also published in major daily news-papers

highlighting the spiritual message of Rajyoga. As a result, about 400 people commenced the introductory meditation course and a number of spiritually interested people began attending the regular classes for spiritual development.

Service has blossomed since those early days and today there are over twenty Brahma Kumaris Rajyoga Meditation Centres in most major cities of Australia. People of major religious and cultural backgrounds living in Australia have greatly benefitted from the

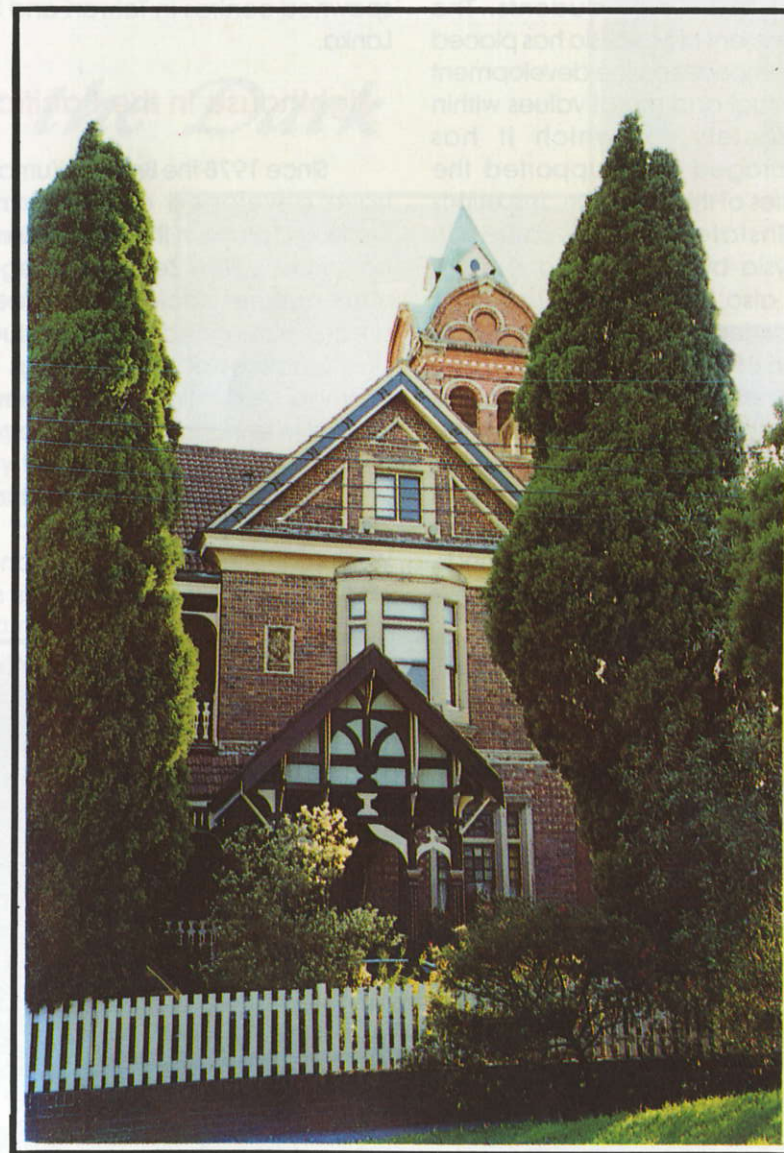
teachings of this spiritual wisdom.

In Australia, the Brahma Kumaris offer many programmes for professionals and the teachings of Rajyoga have been widely accepted in schools, colleges and universities. Spiritual and value-oriented courses are being offered for business people, medical professionals and Government officials. The National Parliament in

The National Parliament in Canberra has taken a keen interest in the teaching of this institution by offering facilities for meditation.

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In addition to the meditation courses, Positive Thinking training is available, also offered is programme for those in recovery from all aspects of addiction, as well as a course especially designed for the terminally ill and their families. Serving through self awareness and positive attitude is a regular weekend seminar for health professionals. Along with these programmes the Brahma Kumaris are actively participating in the Interfaith, Environment and Learning/education movements.



Service in Australia has resulted in establishing centres in Singapore, Indonesia, the Philippines, New Zealand, Fiji and other countries.

Malaysia

In 1981 the seeds of spiritual service were sown and today there are 15 Rajyoga Meditation Centres throughout the country, sustaining

over 1,000 Godly students. The Government of Malaysia has placed great emphasis on the development of spiritual and moral values within the society for which it has encouraged and supported the activities of this institution. The efforts to reinstate spiritual values in Malaysia by the Brahma Kumaris have also been recognised and acknowledged by the King and Queen of the country.

The concepts and practical philosophy have impressed the large number of Chinese and Muslims living in this country in addition to people from other cultural and religious backgrounds.

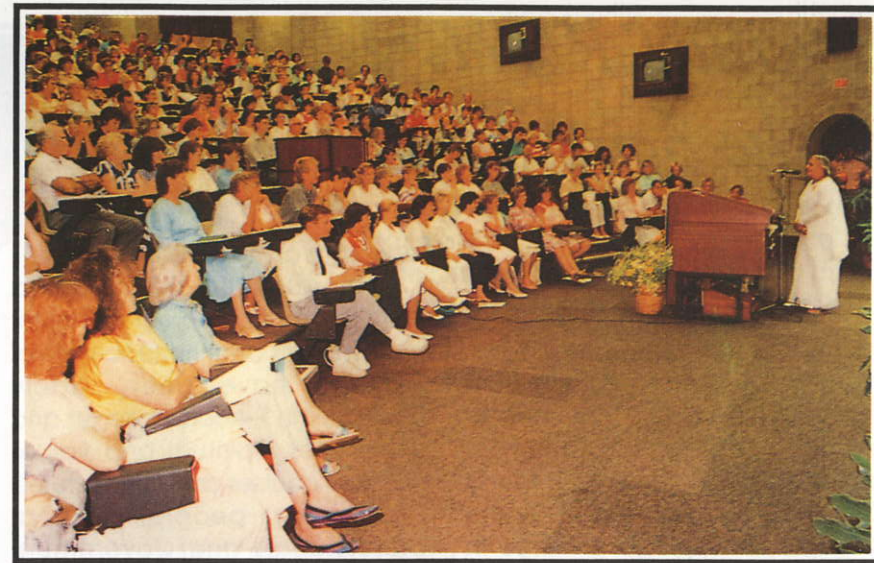
The service in Malaysia has

spawned centres in Taiwan and Sri Lanka.

Lighthouse in the Pacific

Since 1978 the Brahma Kumaris have developed a strong and respected place in the New Zealand community. New Zealand being a multi-cultural society, has been greatly influenced by the values and practices of the teachings of Rajyoga Meditation, as they have helped to enhance people's day to day lives.

As a result a total of nine study centres have been opened in Wellington, Christchurch, Auckland, Napier and Dunedin as well as six



Dr. B.K. Nirmala, Director, Brahma Kumaris Rajyoga Centres in Australia, addressing a conference in Perth.



Rajyoga Centre in Malaysia

study centres in the neighbouring country of Fiji.

The Government and the people of New Zealand support the efforts of the Brahma Kumaris to bring harmonising values to New Zealand society and are regular participants in Brahma Kumaris activities.

Hong Kong

Hong Kong is a place of extremes. It is home to some of the wealthiest people in the world and it is also home to some of humanity's poorest. Its high rise structures and intense business dealings, create one of the most stressful environments in the world. Yet just ten minutes drive from the heart of

the city, Brahma Kumaris provide a tranquil atmosphere to escape the stresses of modern living.

Through Rajyoga Meditation, people in this busy city have learnt to experience much appreciated peace of mind.

Visiting Lecturers

Perhaps the most unique feature of Hong Kong service is that it is a 'stop-over' destination for many Brahma Kumaris students travelling around the world. This affords the people of Hong Kong the opportunity to enjoy and benefit from some of the University's leading teachers. Many of the visitors are specialists or experts in varying fields of endeavour and have integrated spiritual values into their professional

lives. This aspect of spiritual practice is of great interest to the residents of Hong Kong who often complain because of their work, they don't have the time to think about spirituality.

Service Activities

- ◆ Cancer support group
- ◆ Regular lectures and monthly workshops
- ◆ Meditation courses
- ◆ Positive Thinking
- ◆ Creative Meditation
- ◆ Self Acceptance
- ◆ Self Managing Leadership

Parallel Handover

As '97 draws closer, an interesting phenomenon is taking place at the centre. For fifteen years the centre has primarily been of interest to the many expatriates living in Hong Kong. However, these days the local Chinese seem to be catching up. This of course has long been the aim and it is exciting to see some of the students now qualifying as teachers as this will result in further expansion into the Chinese community.



Africa

A Light in the Dark

The seed of spiritual service on the continent of Africa is in Lusaka, the capital of Zambia. It was in 1974, that the white clad entourage of Sister Vedanti and Sister Sheelu first set foot in Lusaka. These souls were instrumental in bringing spiritual light to the 'Dark Continent' of Africa.

Since 1974, the people of Africa found hope in the light of Rajyoga. The knowledge brings understanding of why things are the way they are, and the meditation practice brings peace of mind and the power to face all situations.

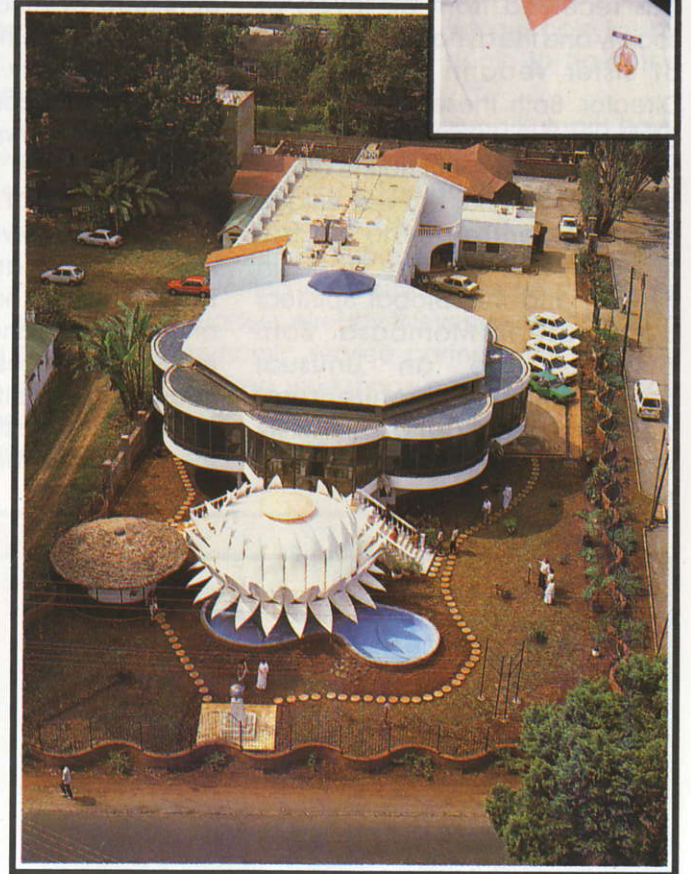
The Service Journey

Initially service was focussed in Zambia with sisters travelling to various towns throughout the country. Later, as interest in Rajyoga grew, the sisters intensified their service by visiting the neighbouring countries of Zimbabwe and Malawi. A comprehensive tour was made with every major town being visited. The response to the spiritual message conveyed by the sisters was excellent from high ranking government officials to the ordinary man on the street.

Motivated by this response, the next stop was Kenya, then Tanzania and on to West Africa. People were impressed with the work of the institution which led to other centres being opened.

The fruits of this service are that the Africa region has 12 established centres in Kenya, Zimbabwe, Madagascar, Tanzania, Malawi and Zambia with ten sub centres dotted across the entire continent.

The initial headquarters were in Zambia until 1977 when Nairobi became the Regional Headquarters of the Brahma Kumaris World Spiritual



GLOBAL MUSEUM FOR A BETTER WORLD, Nairobi

A unique blend of science & spirituality, the Global Museum covers the basic philosophical questions on God, the Soul & the Secrets of Time.

Success in Service

The success of spiritual service in Africa has been as a result of two factors; the support the institution has received from all levels of society and the dynamic leadership of Sister Vedanti as Regional Director. Both these factors have enabled the University to soar to unimaginable heights to the extent that Africa now has two very unique spiritual centres - The Global Museum For a Better World in Nairobi and the Global Spiritual Lighthouse in Mombasa. Both buildings are an unusual combination of architecture, aesthetic beauty and spirituality integrating all cultures of the Kenyan residents.

The 'Spiritual' Wheels are in Motion

The Africa Peace Tour of 1986 is one of the highlights of service in Africa. A group of Brahma Kumaris students travelled across the vast continent of Africa in a Minibus spreading the message of joy through spirituality. The Africa Peace Tour visited 17 countries including 154 cities and towns.

Diverse and Varied

Spiritual Service in Africa has been diverse and varied. The Brahma Kumaris have participated and organised and participated in many conferences and seminars on Peace, Spirituality, religion and environmental issues Examples of the variety of events are:

- ❁ The Origin of Peace Conference in 1981
- ❁ UNEP - The United Nations Environment Project headquarters is in Nairobi and as such the University as a NGO to the UN has been active in organising programmes linking spiritual values to the environmental crisis eg. In 1992 Environment, Development and Spirituality;
- ❁ Towards 2000... Harmony in 1993 - a conference celebrating the International Year of Harmony
- ❁ The Women's Decade Conference in 1984
- ❁ The Eucharistic Conference in 1984
- ❁ Women and Environment Partners for Life in 1993

Peace Award

During the International Year of Peace, Africa took part in the worldwide project 'Million Minutes of Peace Appeal'. Kenya received a Peace Award from the United Nations Secretary General for its participation in this project.

Service in General

Other service activities have included exhibitions, lectures, Meditation camps, service in schools, colleges and hospitals. The University has also participated in many International trade and agricultural fairs.



Global Spiritual Lighthouse in Mombasa, Kenya



Popular African Music Group 'Them Mushrooms'

Children of God

"Our deepest fear is not that we are inadequate.

Our deepest fear is that we are powerful beyond measure.

It is our light, not our darkness, that most frightens us.

We ask ourselves: "Who am I to be brilliant, gorgeous, talented, fabulous?"

Actually, who are you not to be? You are a child of God."

HE Dr. Nelson Mandela

South Africa's people are both courageous and extraordinary and Nelson Mandela of course

is a modern day hero. Why is this? It would seem obvious. He saved a nation - or at least he inspired a warring nation to his vision - an integrated South Africa. But what allowed him to transform the minds of millions of people?

It was his dharna. The unswerving values and principles by which he lived his life; regardless of the context.

Trust in Elevated Virtues

Throughout history human beings have trusted, empowered and even worshipped those with elevated virtues. Today more than ever, those values and virtues are desperately needed. As Mandela said, it is in each one of us to realise

the power of our light - the right to goodness which we all inherit as children of God.

The Brahma Kumaris in South Africa have been studying and sharing these same principles for almost two decades. God is the focus for bringing about these qualities in our lives. In the company of the Supreme, we are able to spy our own divine light and begin to have the courage to let it shine.

In South Africa, the Brahma Kumaris have a number of centres in the capital Johannesburg as well as a centre in Port Elizabeth and also in the beautiful city of Cape Town. In 1994, the seaside resort of Durban, saw the inauguration of an exciting new building to house the BK headquarters. Already this venue has proved to be a dynamic service partner with seminars, lectures and workshops having taken place there.



Global Peace House in South Durban, Africa.



Prime Minister of Mauritius speaking at Light House—Rajyoga Centre Mauritius

Spiritual Wave in Russia

Moscow:

In 1989 the activities of Brahma Kumaris started in the former Soviet Union (USSR) on invitation from the Sports Committee of the Ministry of Health, asking to give lectures related to meditation and health.

Dr B.K.Vijay, a scientist working in Russia, became the instrument for acquiring this invitation and also for beginning the spiritual activities. Sister B.K.Chakradhari and Brother B.K. Jagdish Chander from Delhi gave a series of introductory lectures in several government hospitals, institutes of the then USSR Academy of Sciences, organisations, clubs, etc., and also gave a series of public lectures on the theme 'Rajyoga and

Spiritual Culture of Ancient India'. These lectures attracted hundreds of people. Due to the positive public response, the initial invitation was further extended by a scientific and research centre of the Academy of Science. This resulted in the establishment of a Brahma Kumaris branch in Moscow followed by the opening of another centre in St Petersburg, the second largest city after Moscow.

Now the institution is registered with the Ministry of Justice, Russia and is also registered as an Educational Institution in the Departments of Education in Moscow and St. Petersburg to give Supplementary Education in moral

and spiritual values. City governments in Moscow and St. Petersburg have given facilities to conduct the educational activities and have also allotted one hectare of land free of charge in St. Petersburg to construct a building to carry on the activities of the spiritual university.

B.K. Chakradhari, B.K. Sudha, B.K. Santosh and B.K. Vijay are now the main instruments (teachers) in promoting this spiritual service in these countries. Brother Jagdish's constant guidance and support has made in spiritual ripples into waves. This has resulted in opening of 12 centres in different cities of the present independent nations -- Russia, Byelorussia, Ukraine, Latvia and Uzbekistan. At present about 1500 students are taking benefit at these centres.

Further, Brahma Kumaris have



B.K. Chakradhari with retreat group

actively participated in many national and international seminars and conferences which were held in the republics of former USSR. Some of these include:

- * International scientific seminar on 'The family on the threshold of third millenium' organised by national committee for the family welfare under the President of Russian Federation and the organising committee for the international year of family;
- * International Conference on values in education organised jointly by the centre for human values and the Russian Academy of Education;
- * Seminar on the Status of Youth in the Present Society jointly organised by the centre for gender studies and Brahma Kumaris.



Brahma Kumari Sudha, Rajyoga Teacher, conducting spiritual classes & Rajyoga Meditation in Russia.



Foundation of Happiness

Peace Penetrates Cabinet

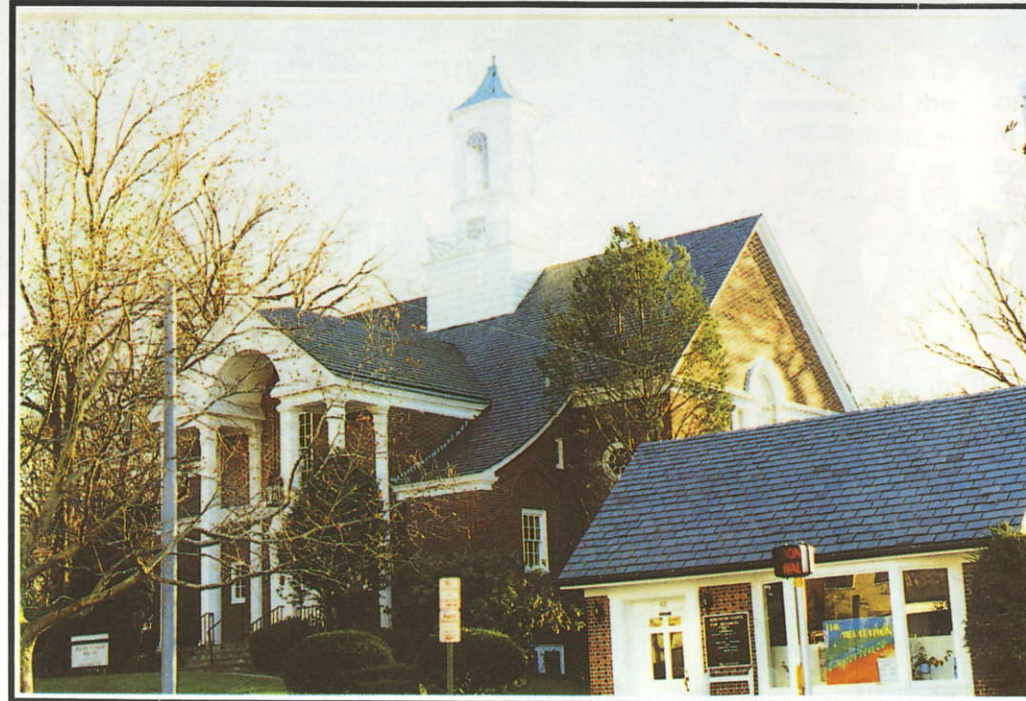
In 1975 the first center was opened in New York and later a number of centres were established in other cities such as San Antonio, San Francisco, Los Angeles, Tampa, Miami, Boston and Chicago. Centres were also opened in Caribbean countries and Toronto in Canada.

With the active help and support by the then Vice-President Steve Naraine and members of his family, a center was established in Guyana. In response to a suggestion from the Brahma Kumaris, a few minutes silence had been introduced before conducting the proceedings of the government. The result - a peaceful atmosphere.

Brahma Kumari Mohini presently is the Director of Brahma Kumaris centres throughout North, South and Central America and the Caribbean and has been instrumental in instigating service and sustaining students in these areas.

Centres were established in Central and Southern America in the 1980s beginning in the city of Sao Paulo, Brazil. After that, centres have been started in Chile, Guatemala, Argentina, Colombia, Mexico and Jamaica.

Opened in 1992, Global Harmony House in New York is the present Regional Coordinating Office. There have been major events held in this region in three key areas of service - science, religion and politics.



New York: Global Harmony House, Coordinating Office in America

Science

In January 1994 the Fourth Symposium on Science and Consciousness was held in Mexico. Scientists and spiritualists explored



*B.K. Mohini, Director
Brahma Kumaris Centres
in America.*

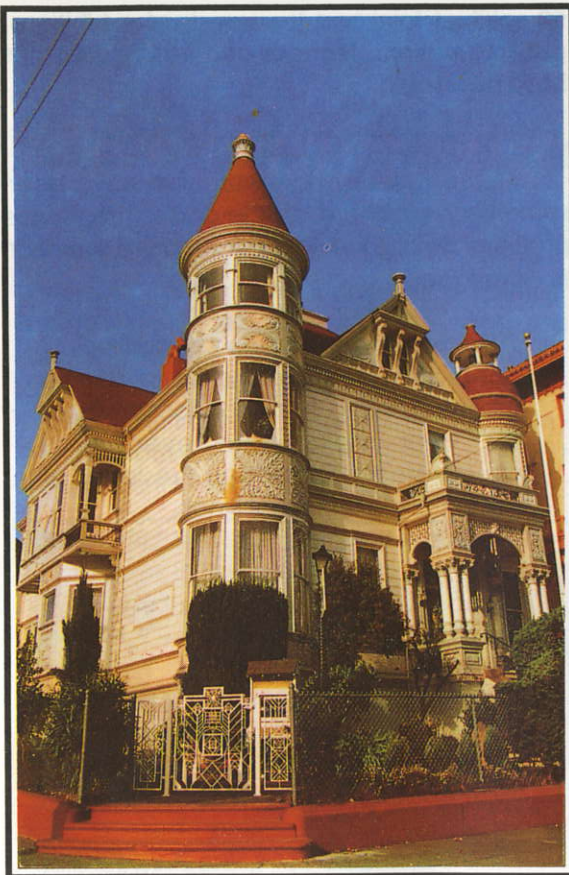
The Nature of Consciousness and application of values.

Interfaith

Chicago, Illinois, U.S.A. hosted The Council for a Parliament of the World's Religions, a ten day period during August and September 1993 where religious leaders and academics gathered to pursue the consequences of various spiritual/religious beliefs and the future of the planet. Our senior brothers and sisters participated and addressed different sessions, participated in workshops and theatrical productions. Dadi Prakash-Mani, Chief of the Brahma Kumaris, addressed one of the Plenary sessions of the Parliament of World Religions. She shared her spiritual experiences and the knowledge taught by the Supreme Soul. Ongoing activities within the interfaith community still continue.

Environment

In 1992 the Brahma Kumaris World Spiritual University, represented by Dadi Janki and others, actively participated in the United Nations Conference on the Environment and Development, held in Rio Brazil. World Leaders had the opportunity to hear Dadi Janki address the issue of our world and the



Brahma Kumaris Meditation Centre, San Francisco.

efforts we must make to save the earth beginning with the power of purity of thoughts and actions.

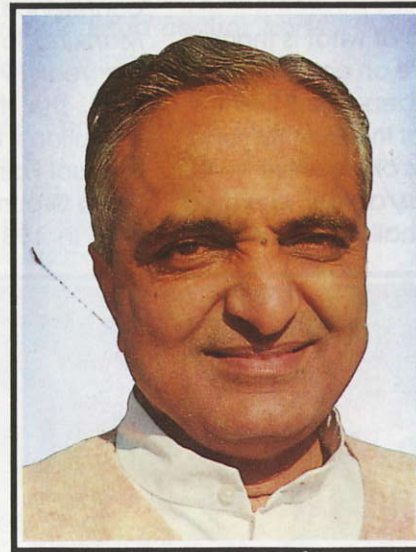
TAMPA: In the state of Florida The Mind's Eye Museum was opened. Thousands of people from around the world visit this spiritual museum and have an opportunity to develop the 'third eye of wisdom'.



World Renewal Spiritual Trust

In 1968, to help and support the activities of the Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya, the World Renewal Spiritual Trust was registered with its Headquarters at Bombay as its sister organisation. It is recognised as an educational trust by Income Tax authorities.

The Trust shares its responsibility and support in spreading the educational activities of Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya by providing



*B.K. Ramesh N. Shah,
Managing Trustee*

infrastructures such as buildings, printing materials, etc.

The Trust established spiritual museums at Mount Abu in Rajasthan, Dwarka and at Somnath near Veraval in Gujarat, Jagnath Puri in Orissa, Kanpur in UP and other places. The Trust has at present more than 300 branches and education centres.

Mr Ramesh N Shah is currently its Settlor/ Managing Trustee and head office of the Trust is situated at 121 Mahatma Gandhi Road, Agra Building, Fort, Bombay.



World Renewal Spiritual Museum at Mount Abu.

A Golden Challenge

New Delhi - the capital of what is thought to be the oldest culture on earth. Legend has it that in the Golden-aged Delhi — Indraprasta — on the banks of the River Yamuna, was the focus for the activities of the entire world. If this is true, then Delhi has a very elevated tradition and a very great challenge if it hopes



to return to the honour and grandeur of those Golden-aged days.

Proud of its Beginnings

Delhi Zone takes pride in the fact that when Brahma Kumaris began public service in 1952, the first service centre was opened in Delhi. There are currently 101 service centres, sub-centres

and spiritual museums in the Delhi Zone which comprises the capital city and its satellite towns.

A History of 'Firsts'

Delhi hosted the first international conference of the institution entitled - *Future of Mankind* in the prestigious Vigyan Bhawan in the year 1978. It was inaugurated by Mr. B.D. Jatti, the then Vice President of India. The Institution's first national level 'World Renewal Spiritual Fair' was also held in Delhi at the Ram Leela Grounds for three weeks in 1972.

In 1981 at International level "World

Welfare Festival' was held at Red Fort. The Festival saw 13,000 Brahma Kumaris brothers and sisters from different states participate in a grand Peace March with colourful tableaus which started from Ambedkar stadium.

To give an overview of the service rendered in the past forty years would be a mammoth task indeed. Suffice to say that in this time, over

50 spiritual fairs and thousands of exhibitions, public functions, lectures and Rajyoga camps have been held.

Impressive Service Profile

More recently however there have been some very exciting events to add to the service profile of Delhi Zone. The following is a selection from this profile.

In 1986 the Golden Jubilee celebrations of Brahma Kumaris was staged at the prestigious Indira Gandhi indoor stadium. This very memorable event was inaugurated by the then President of India, the late Giani Zail Singh.

The Hon'ble the then Justice Ranganath Mishra supported the women of India when he inaugurated the National Women's Conference in 1990 held at the Talkatora indoor stadium.

The first international project of Brahma Kumaris, under the aegis of the United Nations - Million 'Minutes of Peace Appeal' - was coordinated by Delhi for all India activities.

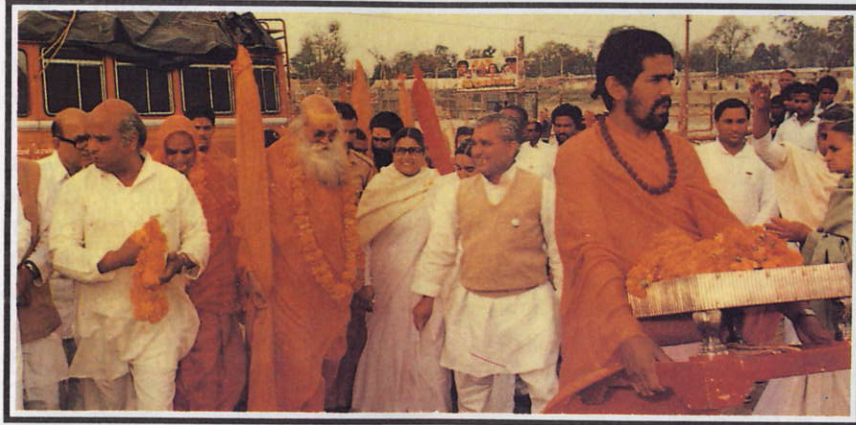
On the 7th March 1994, the President of India, Dr. S.D. Sharma, released the Commemorative Postage Stamp of Prajapita Brahma, the Founding Father of the Brahma Kumaris. This significant event was held at Rashtrapati Bhawan.

In September 1994, HE Mr. S.R. Insanally, the then President of the General Assembly of the United Nations, attended a conference organised by Brahma Kumaris in the Parliament Annexe. This conference marked the beginning of the 50th Anniversary of the UN, with the theme of - Values for a Better World.

Peace Restored in Peaceless State

Over thirty years ago, Dadi Chandermani was christened the "Lioness of Punjab" when she was sent by the Founding Fathers, Incorporeal God Shiva and Pitashri Prajapita Brahma, to begin spiritual service in Amritsar, the religious capital of Punjab. Within a short time, the spiritual

Rajyoga Meditation is not a religion in itself, but a font of deep spiritual wisdom which can be integrated into all faiths. The people of Amritsar represent a variety of religious traditions - Sikh, Muslim and other communities - and have enthusiastically embraced this knowledge to



Shankaracharya of Jyotirmath Vasudevananda ji arriving to inaugurate Spiritual Fair held at Haridwar

message of the Brahma Kumaris had begun to spread across the Punjab state. This message brought new light into the lives of many in Haryana, Jammu & Kashmir and Himachal Pradesh by establishing Rajyoga education centres in most districts and major cities. Today the coordinating office of the Brahma Kumaris is located in Chandigarh, the capital of Punjab and Haryana.

enhance their own personal spirituality.

During the past ten years of terrorism, fear has been a constant companion to the Punjabi People. However, many citizens have chosen 'peace of mind' over fear, by studying and practising Rajyoga Meditation. Not only did the Brahma Kumaris work with individuals but they were

constantly developing contact between government agencies and the people and so helping to restore harmony to this troubled state.

Presently this zone comprises 116 centres and sub centres and 261 study centres (gita pathshalas).

Punjab service has been very active since it began and in recent years has conducted many dynamic and interesting service initiatives as highlighted below:

* In 1988, Brahma Kumaris organised the All India Health Awareness Campaign from Amritsar to Delhi - giving education

* In 1992 the Fourth Health Awareness Campaign was held from Chandigarh to Jalandhar.

* Mr. Bhajan Lal, Chief Minister of Haryana inaugurated the Universal Harmony Conference at Hissar (Haryana) in 1993 as part of the international celebrations for the Year of Harmony.

* Also for the International Year of Harmony, the Punjab Zone participated with gusto in the All India Youth Cycle Rally promoting moral and spiritual values from Vaishno Devi to Delhi; from



A view of Rajyoga Bhavan Zonal Headquarter at Chandigarh.

and awareness about various aspects of health - mind, body and spirit.

* All India Conference for Administrators and Executives held in Chandigarh in 1988.

* Efficiency and Creativity through Meditation: retreat for scientists and engineers at Chandigarh.

* 1990 saw the advent of the All India Environmental Awareness Campaign which travelled from Chandigarh to Jaipur.

Hussainiwala to Delhi; and from Chintopoori to Delhi.

* 1994 saw the theme of health re-emerge with Holistic Health Spiritual Fairs held in eight locations over eight months - Chandigarh, Pathankot, Jammu, Mandi, Kullu, Manali, Amritsar and Panipat. ◆

Trendsetter in Transformation

Bombay is both the cultural and political capital of Maharashtra, and is like any other city when it comes to seeking solutions to its social, moral and spiritual challenges.

In 1952 the Brahma Kumaris set out from Mt. Abu to share their spiritual discoveries of Rajyoga wisdom with the people of the state of Maharashtra. This pioneering effort began in the capital and was led by Dadi Pushpa Shanta and Dadi Brij Indra. From Bombay, service expanded into Pune and other parts of Maharashtra, Andhra Pradesh and Gujarat states.

There was initial resistance in the early days to this new knowledge as people were very much in the clutches of materialism which by definition is anathema to spirituality. However it wasn't long before a small group of Bombay's intelligentsia were attracted to the concepts and practical philosophies taught by the Brahma Kumaris. From these humble beginnings, spiritual service in the state of

Maharashtra has boomed and boasts the largest number of regular students anywhere in the world.

Perhaps one of the most unique features of this state's service record is that the Founding Father himself, Pitashri Prajapita Brahma together



Group of dedicated Rajyoga Teachers of Maharashtra.

with Mateshwari Saraswati, were instrumental in guiding and sustaining the growth of the University's Maharashtra activities.

Within the University's service record, this state is regarded as one of the most innovative with its activities, introducing many new and exciting service events and concepts over the years such as exhibitions, slide shows, meditation

music, conferences, Rajyoga commentaries, films, records, health fairs and so on. These innovations have subsequently been adopted by all other branches throughout the country. In fact, one of the spiritual fairs which was held in Bombay was instrumental for establishing service in both Africa and Australia.

The people of this zone are known for their interest in learning and education and as such the Brahma Kumaris have 'met the people' by producing interesting and informative literature

in the form of books and magazines.

Most recently Self Managing Leadership has been initiated to nourish the spirit of business. Bombay, as the commercial capital of India, is marked by the stress and tension of the modern industrial and business challenge - the challenge of change. At every level,

every day, enterprises are facing monumental challenges. Change is inevitable and yet very few human beings are adroit in dealing with this constant fact of life. SML (Self Managing Leadership) provides business and industry leaders with tools they need to successfully guide themselves and their organisations through these turbulent times.

From Sovereign to Self-Sovereign

The legendary land of kings and holy men, Rajasthan's ancient myths tell stories of people of great courage and bravery, of sacrifice and devotion. This history created and has sustained an environment where the Rajasthani people have as their foundation the virtue of integrity and in this, they are known throughout this ancient land of Bharat.

It was perhaps this atmosphere of royalty, holiness and virtue which first attracted the founding members of the Brahma Kumaris to Mt. Abu.

In 1967, the Founding Father of this institution, Prajapita Brahma deputed some senior sisters to open a centre at Jaipur. Their efforts succeeded in opening a centre at Jaipur. Today there are number of branches opened in different parts

of the state including Udaipur, Jodhpur, Bikaner, Ajmer, Beawar, Karoli, Taok, Kota, Alwar, Sirohi, Pali and Nagur to satisfy the hunger of the Rajasthani people for this life-giving wisdom.



*Shri Bhairon Singh Shekhawat,
Chief Minister of Rajasthan with
Dadi Prakashmani*



Shri Hari Shankar Bhabhara Dy. C.M. of Rajasthan, inaugurating a Centre at Jaipur

National and International Service

As Rajasthan houses the Headquarters of the Brahma Kumaris it promotes service on a truly international and national level. Not only have large scale programmes been held in Mt Abu, but also in Jaipur, Jodhpur and Udaipur.

Symbiotic Relationship

The ongoing activities and service to humanity in the state of Rajasthan, has attracted the support of the state's government over the years. The government recognises the need for reintegrating deep spiritual practices into the Rajasthani community, if it is again to be restored to its royal, its economic and its holy heights. This recognition has brought ongoing support and cooperation from the Governor, Ministers Secretaries and others.

Spiritual Leader Honoured

Mohan Lal Sukhadia University in Udaipur acknowledged the Chief of the Brahma Kumaris, Dadi Prakashmani Ji, for her 55 years of tireless service to the upliftment of humanity by bestowing upon her an Honorary Doctorate. ◆



H.E. Shri Baliram Bhagat, Governor of Rajasthan addressing the gathering after inauguration of Children's Park (Bal Udyan) Mt. Abu

A New Sun Rises

Everyone knows that the sun rises in the East. In Calcutta, a strange event took place - the rising of a new sun - the Sun of Knowledge and Power.

It was in 1936 that Dada Lekraj, a well respected diamond merchant, had a series of visions about the coming of a new Age - a Golden Age. This experience was at times troubling as Dada Lekraj saw that the time was fast approaching when humanity would undergo great suffering due to wrong actions and social inequities. He foresaw widespread disease, poverty and crime and the occurrence of many natural calamities such as earthquakes, floods, fire and tidal waves. Later he came to know that these would be part of a world cleansing process which would bring about a new world order.

Not long after the visions, Dada Lekraj began to receive new knowledge. This knowledge was accompanied by a profoundly sacred message. As a result he dedicated his life totally to the service of humanity through his complete surrender to the Supreme. Once he had surrendered his life, a



Eastern Zone: Rajyoga Teachers

strange phenomenon began to occur. He experienced that the Supreme Soul descended into his body, using his physical form as a chariot. He revealed the knowledge of God, the human soul and the cycle of time. This knowledge became the foundation for establishing this Spiritual University. It was at this time that the Supreme renamed Dada Lekraj, bestowing upon him the auspicious spiritual title of Prajapita Brahma - Father of Humanity.

And so in a practical way, the transformation of this old world began in the East of India.

Tradition Nurtured

Today this Eastern Zone

continues the tradition of spiritual transformation through its many education centres in West Bengal, Bihar, Orissa, Assam, Meghalaya, Manipur, Arunachal Pradesh, Sikkim and Nepal.

At the Zonal headquarters in Calcutta, Dadi Nirmal Shanta is the Zone in Charge. Dadi, Brahma Baba's daughter, has been a student of the University since the rising of the 'new Sun'. She is the instrument for giving constant support in the East for the growth and development of activities promoting the application of spiritual values. Today there are 275 full-time dedicated teachers, 120 centres and sub-centres and 251 study centres (Gita Patshala) in the Eastern Zone.

Some of the major activities conducted in this zone over the past years are:

* A Grand Spiritual Fair in Victoria Grounds, Calcutta - an inspirational event which encouraged individuals and families to take up the call to reintegrate spiritual values into their lives.

* In 1987 the All India Health Awareness Campaign was held in Bengal, Bihar, Orissa and Assam.

* 1988 saw the launch of the international Brahma Kumaris project 'Global Cooperation for a Better World'. The Eastern Zone participated in this UN dedicated project by organising conferences and workshops such as:

- i) Jurists and Educationists - Cuttack 1988
- ii) Religious Leaders, Educationists and Industrialists - Calcutta 1989
- iii) The Science of Meditation and Stress Management - Calcutta 1989

* 1989 saw the zone participate in the All India Moral Awakening Youth Campaign from Calcutta to Bhutan/Darjeeling.

* The Eastern Zone states actively participated in the Indo-Nepal Environmental Awareness Campaign throughout Bihar, Bengal and Nepal in 1992 ◆

Indore Zone

Serving the Spectrum of Humanity

In the heart of Madhya Pradesh is Indore, the largest city of the state. The industrial city of Indore is well known for its modern medical facilities and has also earned itself a fine reputation as a centre of education. In this 'centre of education' the Brahma Kumaris have been providing education for the human spirit for over 25 years.

In 1969, under instruction from Brahma Baba, BK Omprakash moved to Indore to begin spiritual service of the people of that zone. Today Indore Zone has 60 centres and sub-centres and about 250 gita pathshalas.

Tribal People Transformed

One of the greatest achieve-

ments in the field of spiritual service in Indore zone is the establishment of gitapathapashala in more than 60 tribal villages of Bastar and Jagdalpur. The education provided by the institution has freed these people from many of the fearful and life-inhibiting superstitions and from the shackles of blind faith which have held them captive for generations.

Hostels: Indore has two hostels - one for girls where spirituality forms the foundation of their learning.

* Three years ago a Youth Hostel was opened. This hostel is a place where young people learn to maximise their physical and

mental potential.

Continuity Sustains

* 'Gyananjali' was a weekly programme held each Saturday for six years. During the six years a total of 275 'Gyananjali' programmes were conducted.

Outreach - Social Service

* On every 'Raksha Bandhan' Brahma Kumaris sisters visit prisoners, underprivileged and disabled children, orphans and prostitutes to tie rakhi.

International Conferences

* Spiritual Conference on World Unity - in 1984 was organised on the occasion of the inauguration of Om Shanti Bhawan. His Excellency Bro. B.D. Jatti, Vice President of India was the Chief Guest to inaugurate the

Conference.

- * International Holistic Health Conference (1988) - held over two days in Indore. The conference was attended by over one thousand doctors from all over India and abroad.
- * International Universal Harmony Festival in 1993 marked the silver jubilee of Indore service. As part of the Festival an International Spiritual Fair was also organised.
- * 1994 saw a national programme- the "Golden World Festival"- organised in Raipur on the occasion of the silver jubilee of the angelic ascension of Brahma Baba. The festival was a veritable bouquet of activities including a spiritual fair, meditation camps and a series of conferences.



Om Shanti Bhawan, Indore Zone H.Q.



A view of Tribal Conference held in Bastar.

Life Inside a Lighthouse

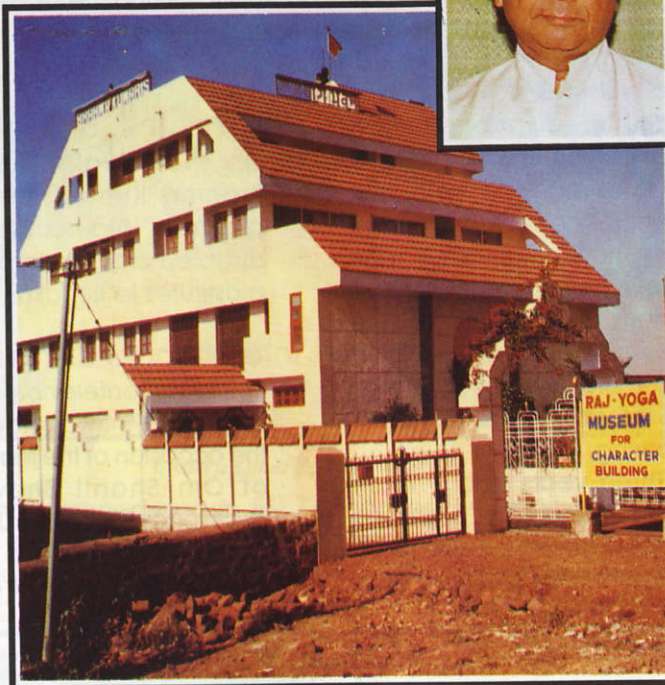
Geographically, Bhopal is the central region of India as well as the capital of Madhya Pradesh. The recently built headquarters of the Brahma Kumaris Ishwariya Vishwa-Vidyalyaya in this region is known as 'Raj Yoga Bhawan' and is located in the hills of Bhopal. This location helps to create a naturally conducive environment for spiritual education.

The main instruments for service and the students of Bhopal have shown their commitment to sharing the benefits of Rajyoga, by designing and constructing this huge complex which has become a true spiritual lighthouse offering new hope to the community.

Unlike some other zones, the headquarters has the facilities for accommodating large functions which serve all areas of society - from the many businessmen and industrialists in the area to youth, social service, educationists, women and media to name a few. This 'Raj Yoga Bhawan' has brought new life to the service activities of Bhopal with its large halls and training section. There is also a display centre, or museum, which offers an introduction to the knowledge of Rajyoga for people who are visitors to the complex.

Dual Service

In addition to functions - seminars, conferences, dialogues and workshops - for the public, constant programmes are held for the many regular students of Rajyoga living in the Bhopal area. The large meditation hall and



Rajyoga Bhawan, Bhopal Zone

training section is where the spirit of the student is nourished with knowledge and yoga.

Some major service activities in the Bhopal area have been:

✦ Women's Character Building Conference - attended by many leading women in this zone. Discussions were held about the role women are or should be playing in the establishment of a new world order. The conclusion of the

conference - "It is women who will provide the foundation for a better society through having the courage to be examples, living their lives firmly on spiritual values."

✦ Jurist Dialogue - Balance between Law and Love to Create a Peaceful Society - This Dialogue was inaugurated by the Hon'ble Justice K. Ramaswamy, Judge Supreme Court of India. In his address he challenged the present saying that - "Law is not only for giving punishment but has a responsibility for restoring justice in society."

✦ Administrator's Conference for 'Holistic Development of Society' - In the opening address by the Chief Secretary of Madhya Pradesh Government Mr. I.R. Rao, the flavour of the conference was firmly set when he said "The protection of society is the responsibility of we Administrators and as such we must be role models remembering that at every moment people are watching our every move."

✦ Writers Conference - Creativity is at the heart of establishing a new type of world. If something new is to come about then we must surely begin to think differently, creatively. At this conference, there was a resolve that writers should use their talents to become inspirations to a new, creative way of thinking for all.

✦ Politicians Meet - many leading politicians attended and concluded that in order that society be transformed for the better, politicians needed to integrate spirituality into their professional lives so that they would have the necessary power to rise above selfishness to accurately perform their roles as public servants. ◆

Profound Love for God

Steeped in a tradition of spiritual and cultural richness, the state of Karnataka has some of the most beautiful temples in the country of India. The Halebeedu and Belur Temples are famous throughout the land.

Perhaps it's because of the qualities of simple living and high thinking that the people of Karnataka still live in social harmony. Whatever the reasons, Karnataka's heritage of applied spiritual values is very solid.

In 1952 this heritage was greatly enriched with the arrival of Dadi Hriday Pushpa, one of the founding members of the Brahma Kumaris. Since then the knowledge of Rajyoga has spread throughout the state of Karnataka with many, many people's lives transforming on the basis of this knowledge. Due to its vast expansion the Karnataka Zone has been divided into five sub-zones for the administrative purpose, i.e. Mysore, Hubli, Belgaum, Gulbarga and Bangalore City.

Bangalore has played a vital role in spreading this message and not just in South India. Many national and international conferences have been held in Bangalore, such as the 'New World Spiritual Fair', 'The World

Conference on Human Survival' and 'The International Conference on Science and Spirituality', 'Conference on Human Values' etc.

On three and a half acres of land, Karnataka headquarters were designed and built in the unique form of the Shivalingum.

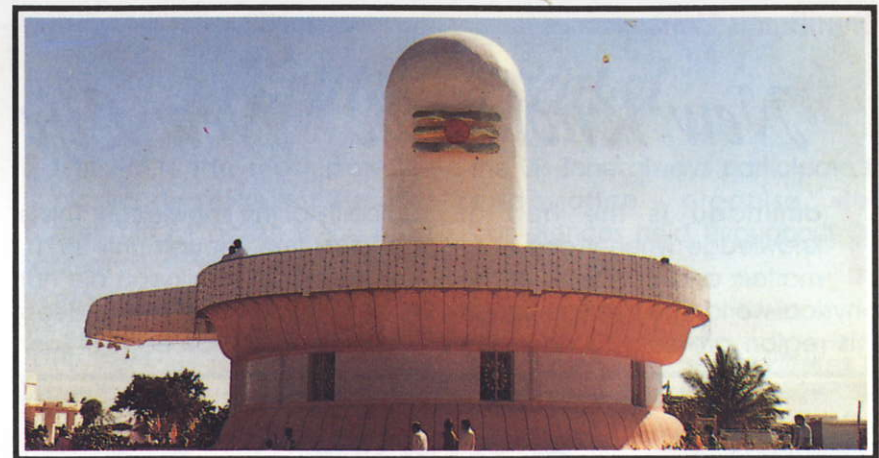
An Overview of Sub-Zone Activities

Bangalore City:

- ◆ In 1993, a beautiful Shiva Darshan complex was built in Jakkur as a spiritual retreat centre.
- ◆ An International Essay Competition on Rebirth was held in collaboration with Tirupati Tirumala Devasthanam.

Mysore:

- ◆ *Future of Mankind Conference* held in collaboration with University of Mysore at Crawford Hall in 1978.
- ◆ 1980 saw the establishment of a display centre or museum.
- ◆ All India Educationists and Youth Conference for a Better World in 1988.
- ◆ Doctors Rally from Mysore to Delhi, in 1990, in connection



Shiv Darshan Museum, Bangalore

with Holistic Health Conference in Mysore.

- ◆ Gyan Sarovar Vidya Peeth - Extension branch, inaugurated in 1992. This complex was built primarily as an environment to hold conferences and trainings for personal and professional development.

Hubli:

- ◆ Spiritual Training Courses which have been approved by the Karnataka State Government and are conducted at Tapovan:

- * Moral Education for Primary and Higher Primary School Teachers
- * Value Education for High School Teachers
- * Anganawadi workers Training Centre for Rural Development Service

- ◆ Other course and activities at Tapovan:

- * Brahma Kumari Teachers Training Course
- * Personality Development Course
- * Self-Management Course.

Belgaum:

- ◆ Bharat Ekta Youth Cycle Rally in 1985, covered 9 states, serving thousands of villages over a period of 65 days.
- ◆ International Holistic Health Conference in 1990.

Gulbarga:

- ◆ The highlight of service in this sub-zone is the fact that spiritual wisdom has found its way into the university where students and faculty members avail themselves of this life-enhancing knowledge. ◆

New Knowledge - New Life

Tamilnadu is the hub of knowledge when it comes to matters and concepts of the physical world. The intelligentsia of this region are said to have the authority of this knowledge. This is certainly true, though until 1970, the people of Tamilnadu did not have any exposure to the deep wisdom of new Knowledge of Easy



Shanti Dham, Tamil Nadu Zonal Headquarter



B.K. Shivakanya

Rajyoga. This lack of accessibility meant the people of Tamilnadu could only see half of the picture - part of the truth, because Brahma Kumaris had no centre there then. Easy Rajyoga takes the student beyond the realm of the physical to understand the significance and depth of the spiritual and natural laws of the universe and their impact on mind and matter.

From 1970 onwards, this profound knowledge became available to those who have great love for knowledge in this region. Thanks to BK Shiva Kanya (Rosy) who travelled southwards from Bangalore to Madras. As a brilliant and insightful teacher, Sister Rosy inspired many souls to integrate the spiritual study of Rajyoga into their exoteric studies. Whilst this knowledge and practice of Rajyoga brought great joy into people's lives, it also had the added bonus of answering many previously unanswered questions about the Supreme, the universe and man..

Twenty-five years later, Sister Rosy is still inspiring and sustaining the people of Tamilnadu Zone.

Service in the Tamilnadu region is constantly growing. Some of the major programmes conducted over the years include:

* In 1975, a World Renewal Spiritual Fair was held at Island Grounds. This fair was the first of its kind in the history of Tamilnadu.

* In 1979, a conference on the Future of Mankind was held at Rajaji Hall, Madras which gave hundreds of people a vision of the future for themselves and the society at large.

* Universal Peace Festival and international conference, was hosted in 1983-84.

* Tamilnadu zonal headquarters was constructed and inaugurated in 1986.

* In 1988 an All India Health Awareness Campaign was launched at Trivandrum. This campaign was unique in that it travelled around the country from village to village, offering health education and medical aid to India's rural people.

* In 1984 a spiritual fair Uniting the Universe was held at the congress grounds and an International conference on the World as a Family was also hosted.

* In 1988 under the chairmanship of Dr. P.C. Alexander, the then Governor of Tamilnadu, the Brahma Kumaris hosted an Elocution Contest on Your Vision of a Better World.

* 1993 was observed as the Year of Harmony and celebrated as the 25th Ascension Year of *Prajapita Brahma Baba*. This auspicious



Justice Shri A.N. Sen, Chairman Press Council of India, inaugurating a conference.

year of celebration attracted participation of many dignitaries from this area, including: Mr. R. Venkantraman, Former President of India, Miss. J. Jayalalitha, Chief Minister of Tamilnadu, Dr. M. Chenna Reddy, Governor of Tamilnadu.

Tamilnadu has also been responsible for establishing a centre in Sri Lanka and Port Blair, Andaman and Nicobar Islands. They also participated in international projects such as Million Minutes of Peace Appeal and Global Cooperation for a Better World which was launched by Mr. P. Ramachandran (the then Governor of Kerala). During these campaigns a variety of programmes for professionals were held in many parts of the state.

Most recently service has been afforded to professionals by offering Self Managing Leadership course which gives tools to equip today's business leaders to first manage themselves so that they can manage their organisations in turbulent times. Some of the organisations who have availed themselves of this specialised training include: Dalmia Group, Trichy; Bharat Heavy Electricals, Trichy; Southern Petrochemical Industries Corporation, Tutucorian; Vikram Sarabhai Space Centre, Trivandrum.

At present there are 21 centres, 23 sub-centres, 80 study centres (Gita pathshalas) in Tamilnadu and South Kerala. Nearly 10,000 families are taking benefit on a regular basis. ◆

Uttar Pradesh Zone

Truth Revealed

If India is the most popular pilgrimage place in the world, then Uttar Pradesh is the most popular pilgrimage place in India. Allahabad, Varnasi and Haridwar are the well-known holy places in UP, Famous for their *Kumbha Melas*. Millions of people walk for weeks just to be at these melas.

It is at the *melas* that the UP Brahma Kumaris do much of their service. In such a focussed religious environment, the Brahma Kumaris find that audiences are interested to listen and understand the teachings of Rajyoga. Because the knowledge of Rajyoga is both helpful and inspiring no matter one's religious commitment, the sisters who run exhibitions and lectures at the melas find there is always a tremendous response to truth.

Specialist Service

In addition to 'mela service',

the UP Zone always participate in and often organise the conferences held throughout the country.

Secret Desire

One of the secret desires of the UP Brahma Kumaris is very much aligned with the Religious Leaders Wing, and that is to bring together a large number of religious leaders who are committed to the service of humanity. This gathering would take place at the Brahma Kumaris headquarters - neutral territory as it were. In the past religious leaders conferences many great gurus and Jagadgurus have commented upon the value of this aspect of a neutral venue. The vision is that everyone gather in a spirit of cooperation and humility, focussed on a higher purpose of bringing benefit to humankind through their collaborative efforts. ◆

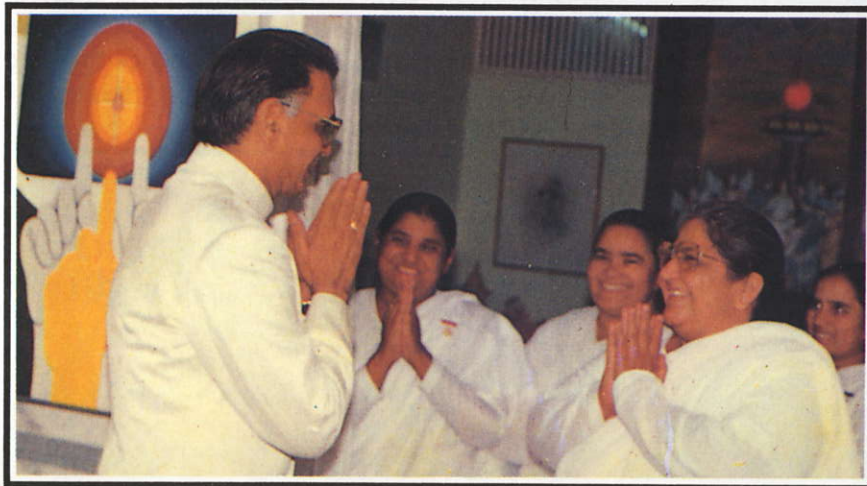


Inauguration of Spiritual Conference by Religious Leaders

Expansion through Innovation

The Somnath Temple, Mahatma Gandhi's birthplace, the Garba Dance, fine silk and diamonds are all crests which mark the identity of the state of Gujarat. In this state also, is one of the Brahma Kumaris service strongholds.

Over thirty years ago, the service began of sharing the value of 'spiritual values' and the knowledge of the Creator and His Creation with the people of Gujarat. It was in the warm and open hearts of the Gujarati people that this knowledge for a better world found a welcome home. Since those early days, service has boomed to encompass over 120 centres, with more than 15,000 regular students.



Indian Lok Sabha Speaker Mr. Shivaraj Patil, greeting B.K. Sarla, Zone Incharge.

Diverse Applications

Brahma Kumaris in Gujarat focus their service activities in a variety of areas. They are versatile in presenting spiritual wisdom such that it applies directly within a given context. In this state, regular events, lectures and workshops are conducted for schools, colleges, temples, social clubs, etc., right through to prisons and industry. In addition, there are one-off and ongoing events held within specialist contexts. Examples of these are:

* In 1993 a Farmer's Fair was organised. This area of the community is of course fundamental to the effective



Spiritual Museum at Gandhinagar, Capital of Gujarat

functioning of the country. The Brahma Kumaris acknowledge this by ensuring that the agriculturists of the region also have opportunity to knowledge and practices which help to improve their lives.

- * 1993 was an auspicious year with the International Year of Harmony coinciding with Gujarat Brahma Kumaris Silver Jubilee celebrations. There were fairs, exhibitions, conferences and slide shows to name a few.
- * Social Upliftment Conference in 1993.
- * From Somnath started the Youth March during the International Year for Youth where young people marched to Delhi inspiring all they met on the way to a vision of National Unity.
- * Car Rally in 1993 in association with the Business and Industry

Wing, to promote ethical values in Business and Industry. There were over 100 companies visited on route from Baroda to Bombay.

- * South Gujarat University, Surat, M.S University Baroda, Bhavanagar University are some of the institutions which have been involved in co-hosting educational events with Brahma Kumaris.
- * An Interfaith Programme involving 6 states was organised and held in Gujarat.
- * Self Management Programmes for executives have been conducted in Porbander at Ranavav Cement Factory, Bisla Factory, A.C.C. Cement Factory and Chamber of Commerce.
- * Cycle Yatra was held from Kirti Mandir in Porbander to Delhi.



Rajyoga Education and Research Foundation & Its Wings

The Foundation & its Wings

In 1982, Rajyoga Education & Research Foundation was established as a Society and was registered under the provisions of Societies Registration Act of 1860 with Delhi as its Headquarters.

Spiritual service of various areas of the community had begun and as the net of service was being woven, it became apparent that an infrastructure to support this important work was necessary. The Foundation was thus created to systematically and effectively guide specialised service in 13 different areas of society.

The Foundation provides facilities and help for research and encourages the study and practice of the principles of truth, non-violence and spiritual values. It also helps to remove superstitions, blind faith and ignorance in the minds of people and promotes spiritual awareness internationally. This is a subsidiary organisation of the Prajapita Brahma Kumaris World Spiritual University.

After its establishment, 13 Wings were formed to provide practical applications of spiritual wisdom within focussed areas of the business, professional and cultural communities.

The Wings

1. Jurists Wing
2. Administrators Wing
3. Scientists & Engineers Wing
4. Medical Wing
5. Businessmen and Industrialists Wing
6. Politicians Wing
7. Youth Wing
8. Educationists Wing
9. Cultural Wing
10. Social Service Wing
11. Women's Wing
12. Media Wing.
13. Religions Wing.

Om Shanti Jurisprudence

Today's judicial system is expensive, extremely lengthy in its procedures and in truth, is structured to serve a privileged few. The question naturally arises that if the majority of the population have no access to social justice, then where is justice to be found? Om Shanti Jurisprudence aims to help all human beings to receive justice through understanding natural and divine laws and thereby circumventing the inadequate system of justice found in the courtrooms of today.

The Jurist's Wing is a forum which was initiated as part of the Rajyoga Education & Research Foundation to enable judges, lawyers, judicial officers, taxation officers and law enforcement personnel, who actively practice Rajyoga meditation, to come together in regular dialogue. The outcome of these dialogues is to devise ways in which the legal



Justice Mr. P.B. Sawant,
Judge Supreme Court of India



Justice Mr. B.C. Ray and Justice Mr. V.R. Krishna Iyer, the then Judges, Supreme Court of India, inaugurating conference.

fraternity can bring about a balance between law and love in their professional lives as well as taking up responsibility for rediscovering true justice. This Wing has the active support and patronage of Hon'ble Justice V.R. Krishna Iyer, an internationally acclaimed jurist. In 1989, Justice Iyer propounded the theory of Om Shanti Jurisprudence, which in his own words may be briefly narrated as:

"Taking an holistic view of universal system of which the global order is a part, we find there is a science of Sattwalogy - a

science with noble parameters - which guardians the governance of creation and evolution. An application of this lofty principle to human management of Habital Earth is what may be called Om

Shanti Jurisprudence... The emerging world human order has to be viewed in this uplifting perspective and a creative jurisprudence fashioned to subserve the values and goals set for mankind's advance."

In achieving this lofty aim, this Wing has organised a number of dialogues, seminars and conferences for Jurist professionals in different parts of India such as New Delhi, Mt. Abu, Jabalpur, Raipur, Hyderabad, Nagpur, Allahabad, Jaipur and Jodhpur. Some of the topics which found themselves under the microscope of the Jurists were:

Majesty of Spiritual Laws, The Divine Law and The Mundane Law, The Fundamental Principles of Life, Synthesis of Worldly Law and Spiritual Law, Balance of Love and Law and Jurist's Vision for a Better World.

Eminent Jurists who participated in such conferences include Hon'ble Justice Y.B. Chandrachud, the then Chief Justice of India; Hon'ble Justice Ranganath Mishra, the then Chief Justice of India; Hon'ble Justice P.N. Bagawati; Hon'ble Justice Mr. P.V. Sawant, Judge Supreme Court of India; Hon'ble Justice S. Mohan, Judge Supreme Court of India; Hon'ble Justice Nagendra Singh, the then President International Court of Justice and many others.

Human R

The Wing members have formed a committee under the Chairmanship of Justice R.L. Gupta, retired Judge of Delhi High Court, to write a book on Human Rights as embodied in the theory of Om Shanti Jurisprudence. The committee is also inviting contributions from legal luminaries, leaders and journalists from both India and foreign countries. ♦



Justice R.L. Gupta, Judge, Delhi High Court (Retd.)

Administrators Wing

The Spiritual Spinal Cord

Administration is like the spinal cord of society. The Administrators' Wing deals with those who plan, administer, execute and manage policies in their respective areas. If the spinal cord is impaired it can paralyse the whole system. The aim of this Wing is to offer specialised training to help those in vital administration roles restore the 'whole' to a state of efficacy. The

been held in Mt Abu, Bhopal and Delhi for giving systematic training to Brahma Kumaris responsible for the service of the administrators.

Courses Offered

Courses in Stress-free Management, The Art of Communi-



Administrators participating in a seminar

trainings are designed to arm administrators with the value-based weapons necessary for them to redefine 'society' so that it supports the growth potential of all its citizens.

Three All India Training programmes have

cation, Harmony in Relationships, Attitudinal Change, Self-Management, Rajyoga meditation and other subjects have been conducted at numerous organisations, public sector undertakings and other institutions. These



*B.K. Asha, Coordinator,
Administrators Wing*

included Oil and National Gas Commission, Bharat Heavy Electricals, Indian Oil, Housing and Urban Development Corporation, National Building Construction Corporation, Life Insurance Corporation, Bharat Earth Movers, Modern Bakery, Sundaram Fasteners, ISRO, NTPC, Himachal Intitute of Public Administration Shimla, Southern Petro-chemicals Industrial Corporation, KRIBHCO and Dalmia Cement. Also conducted were lectures in CPWD, Municipal Corporations, Urban Development Authorities as well as training colleges connected with Banks and other HRD institutions.

Government Response

During the past year, various government departments and agencies such as Indian Institute of Public Administration (New Delhi), Indian Police Academy, Institute of Management and Behavioural Science, Institute of Criminology and Forensic Sciences and National Crime Records Bureau, Ministers of Home Affairs Government India have consulted the Wing and Brahma Kumaris speakers have addressed managers and staff on a variety of subject matters.

Other Activities

A special four week lecture programme for managers was organised in Chandigarh. Likewise, seminars and dialogues for administrators, executives and managers were held in Madras, Gauhati, Cuttack, Lucknow, Jaipur, Bhopal, Nagpur, Bombay, Mysore and many other places. ♦

Bridging the Gap

The Scientists and Engineers Wing was established under the Rajyoga Education & Research Foundation with the following aims:

- ★ To bridge the gap between Science and Spirituality
- ★ To educate and remove superstitions and blind faith from society
- ★ To integrate spiritual and ethical values into the areas of science and technology
- ★ To inspire the scientific community to use technology and scientific achievements to create a sustainable future.

There are about 800 active members of this wing who meet regularly to dialogue about how they can contribute positively from their knowledge and wisdom to the betterment of the planet. Many topics of discussion are addressed, not simply as interesting theoretical dialogues, but with genuine interest to bring practical value to society. Some of the subjects tackled are *Engineers and Scientists for a Better World, Science and Human Values, Science and Spirituality - partners for creating a better world, Science for a Pollution free Society,*

Mental and Environmental Pollution - the Connection, Science for Harmony between Man and Nature; the Missing Dimensions of Science and many others.

1988 saw the first International Conference of

Scientists, Technologists and Spiritualists for a Better World held in Bangalore. This initiative proved highly successful and gave birth to further conferences and the International Science Symposia in Germany, Greece and Mexico, where eminent scientists gathered to investigate the relationship between Science and Consciousness.

Whilst involving themselves in such discussions, many of the members undertook to learn the

secrets of inner peace as found in the practice of Rajyoga meditation. To this end meditation camps have been held in Mt Abu to explore peace of mind and the art of living a stress-free life.

In a world which is becoming increasingly aware of the need for environmental protection for the future of the planet and the survival of its inhabitants, this Wing has been focussing on such global issues by educating through awareness raising campaigns in India and overseas. The unique flavour of these campaigns is the emphasis on the inextricable connection between the mental pollution of the BEINGS and the physical pollution of our world.

Some major conferences

- ✦ Athens - 1990. A four day international symposium on Science, Technology and the Environment attended by 52 eminent scientists from twenty two countries, gathered in Athens to initiate, articulate and find ways to implement a new perspective of science and technology in the service of the world.
- ✦ Outcomes were a call for an in-depth study to understand the interrelatedness of all aspects of life - spirit, mind, body, society and the biosphere and the development of a new global vision to fulfil the needs



Dr. A.K. De, Chairman, Atomic Energy Regulatory Board, BARC, Bombay;
Mr. Sanat Mehta, Chairman, Sardar Sarovar Narmada Nigam Ltd, Ahmedabad,
Dadi Prakashmani & others participating in the inauguration of
Scientists & Spiritualists Conference.



B.K. Jagdish Chander addressing at scientists' seminar on 'Science for Harmony between Man & Nature'



Bro. Mohan Singhal, Coordinator Engineers & Scientists Wing, RE&RF addressing the scientists' seminar on Science & Spirituality, held at Mt. Abu.

of the whole.

✦ 1992 saw the Second International Symposium on Science and Consciousness sponsored by Athens Society for Science and Human Development and co-sponsored by the Brahma Kumaris World Spiritual University. Over 60 scientists from 18 countries participated, delving deeply into a variety of subjects such as The Nature of Reality and its Relation to Consciousness; The Adequacy of Current Scientific Approaches to Consciousness; Theories of Mind-Brain Interaction; The Nature of Human Identity; The Need for a New Scientific Paradigm and The Need for an Interdisciplinary Science of Consciousness.

✦ Mexico hosted the 1994 International Symposium on Science and Consciousness in Uxmal, Yucatan and was organised by the Universidad Autonoma Metropolitana, Unidad Xochimilco and was coorganised by the Athenian Society for Science and Human Development and the Brahma Kumaris World Spiritual University. This symposium focussed on harnessing a clearer vision of the values which underpin the process of transformation

and examine practical methods which enable those values to emerge within the scientist as a human being.

The Olympia Declaration - January 7, 1993

As every informed and concerned person knows, our planet Earth is undergoing ecological and social crises which may destroy much of humanity and other life within the next few decades. We believe it is vital to recognise that the basic problem behind

these crises is a lack of understanding of more profound aspects of human consciousness and a dangerous denial of spiritual values. We speak especially of the realisation of our fundamental interconnectedness and interdependence, and the deep values of cooperation which arise from this realisation.

Therefore, we the participants of the III International Symposium on Science and Consciousness, call for intense, worldwide efforts by all people, especially scientists, educators and decision-makers, to increase our understanding of consciousness and to foster the development of spiritual values in our lives.

If we do not do so, we are unlikely to survive.



*B.K. Sarla,
Chairperson, Engg. & Scientists Wing*

Meditation Supplementing Medication

The Medical Wing of the Rajyoga Education & Research Foundation was established in 1984 to serve Medical Professionals as they face ever increasing demands on their time and energy. In a world where the norm in health care has become more curative than preventive, the Medical Wing works to reintroduce a more holistic way of caring for the human race.

The major objectives of the Medical Wing are:

- i) Putting back the ancient concept of holistic health care into the modern practice of medicine and the role of Rajyoga meditation in developing a healthy world.
- ii) To conduct and publish research into the psychophysiology of Rajyoga Meditation and its application in prevention of sickness and promotion of health.

The multi-dimensional activities carried out by the Medical Wing are broadly outlined as follows:

1. Sharing and exchanging experiences of renowned Medical Scientists & Specialists.
 - * Four International Holistic Health Conferences have been organised with the First



Group photo of Doctors

and Fourth being held at Mt. Abu, the second at Indore and the Third at Belgaum.

- * Hundreds of Doctors from various disciplines from India and abroad participated. The main focus was on 'Holistic' health care, improving the doctor-patient relationship, stress-management, and the missing dimension of health care i.e. spiritual health and the role of

meditation as an effective auxiliary tool for combating drug addiction, smoking, alcoholism, insomnia and various psychiatric and psychosomatic illnesses.

2. Various retreats and meditation training camps were organised for doctors and related professionals with the main emphasis on psychophysiological role of Rajyoga meditation in curing the ills of society.
3. Many Health Awareness Campaigns, lectures and

seminars have been organised both in rural and urban areas in conjunction with intellectuals and professionals from various walks of life.

Research Studies

Research studies for evaluating physiological changes during meditations were also undertaken. Educators, advocates, social workers, politicians and mass-media personnel participated and learnt the practical applications and implications of meditation.

Basic principles of healthy living were elucidated placing importance on a balanced diet, regular exercise, sound sleep, a positive attitude toward self and others and a meditative outlook.

Free Consultation

Lakhs of patients received free medical advice and treatment for their various chronic ailments like acid-peptic disease, hypertension, headache, asthma and psychosomatic diseases, etc. whilst thousands of people addicted to tobacco, alcohol and psychotropic drugs were inspired to give up the hazardous habits.

During ten years of operation the Wing has been able to publish several books on health related subjects such as Positive Health, Rajyoga in Health and Disease, Holistic Health Exhibition and Drug Awareness. ◆

Self Management - Stress Free Life

Aims and Objectives

- * To practice and promote ethical values in Business and Industry.
- * To attain excellence and satisfaction.
- * To consider the activities of Business and Industry to move beyond the 'bottom line' and to include a consciousness of service and responsibility to humanity.
- * To provide training programmes in Self Management and Stress Management.
- * To inspire businessmen and industrialists to become instruments in the process of bringing about a new world-order of global peace and

harmony.

Under the auspices of Rajyoga Education & Research Foundation, "The Business and Industry Wing" was created in 1988, which promotes Purity, Progress and Prosperity in business and industry.

Organisational Structure

BIW is managed by a Central Committee comprising Chairperson (Rajyogini Dadi B.K.Hirday Mohini ji), two co-ordinators (B.K.Sister Yogini and Madanlal Sharma Ji), members representing different parts of the country with valuable input by B.K.Brother Jagdish Chandra Ji. There are Zonal Level Committees comprising members at the field

level.

Activities

A training programme comprising of 20 x 2 hour sessions has been designed on Self Management for professionals at all levels in Business and Industry. Conferences, seminars, workshops, and meeting are arranged periodically at various places. Printing matter has been distributed to make organisations aware of the existence and availability of this unique and powerful management training.

SERVICE NEWS

BIW organised a 14 days Car Yatra from Rajkot (Gujarat) to Bombay in February, 1994, for intensive mass contact visiting a number of business and factory establishments and organised 111 programmes. The Yatra covered well-known companies like Amul Dairy, Gujarat Heavy Chemical Limited, Kribhco, IPCL, Apollo Tyres, Indian Rayon, Ambuja Cement, Torrent etc. The prominent message of the rally was the need to upgrade the level of Business ethics with the help of Meditation and Spiritual Knowledge. The Wing has also devised a Self-Managing Leadership (SML)



B.K. Yogini, Wing Coordinator, Bombay

Programme which is a synthesis of the best modern management practices of the West and the Self-Management Principles of Rajyoga. The programme was designed by the Wing in collaboration with B.K.Brian Bacon (Sydney, Australia) and B.K.Marc Fourcade (Paris, France) who are leading international management consultants.

Late Shri K.V.K.Raju, Managing Director, Nagarjuna Fertilizers and Chemicals Ltd., Hyderabad, provided the able leadership for implementation of the Self Management Programme at several of his industries. The same is being continued with determination by his son, Shri K.S.Raju, Managing Director and Chairman. This programme has provided an industry role model for applied spiritual principles within a business context and as such has inspired a large number of organisations to adopt the SML Programme. Some of the



Group of Businessmen & Industrialists attending Seminar at Mt. Abu

organisations are Parle Products, United Inks, Godrej, BHEL, Tata Consultants, Tata Electric, Cibatul, Kirlosker, Gujarat Narmada Valley Fertilizers Co. Ltd., Vikram Sarabhai Space Center, The Indian Satellite Research Organisation, Institute of Management in Government, The Department of Telecommunications, P.D.Hinduja Hospital, Dr.B. Nanavati Hospital, Narsi Monjee Institute of Management, Tata Institute of Fundamental Research in India etc.

International

Self Managing Leadership Programmes have also been conducted internationally. Danish Management Centre and Danish Military (Denmark), Swedish Trade and Industry, Volvo and Swedish Navy (Sweden), World Business Academy in Washington (U.S.A.), IBM and many other Companies throughout Europe, USA and Australasia have had the opportunity to participate in this training.

Looking Ahead

To meet demands of various business organisations for Self Management Programmes, the Wing has ongoing 'train the trainer' programmes.

We plan to organise SML Camps, Workshops, Conferences, Exhibitions and other Training Programmes at The Academy for a Better World - Gyan Sarovar, Mt Abu.

The Politician's Wing

Self Ruler becomes World Ruler

The Politician's Wing aims to support politicians in their difficult task of leadership in these tumultuous times. In the modern world, politics attracts very little appreciation. Many say it is a 'thankless task'. Much of this is due to a history of corruption and graft which has led people to a response of mistrust. Part of the Wing's objective is to encourage and support those politicians who are working from a set of principles that guard their integrity at each step. It's this aspect of values that has heretofore been missing in the political arenas of recent times.

The Politicians Wing functions through different zonal headquarters with the Chairperson and coordinator based in Madras and Delhi respectively to maintain a balance of activities in the north and south.

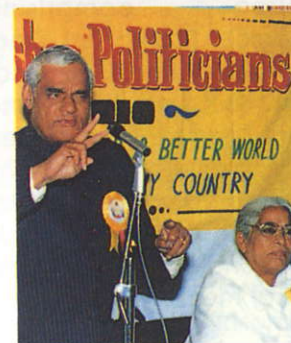
Leaders Visit Mt Abu

The Wing has been responsible for the visits on different occasions of the President, the Vice President, the Prime Minister and others to Mt Abu to inaugurate international events.

The Speaker and Dy. Speaker of Parliament, Leader of the Opposition, Union Ministers,



Shri Bhairon Singh Shekhawat



Shri Atal Bihari Vajpayee



Shri S. Mallikarjunaiah

Members of Parliament, Diplomats and UN Dignitaries have also participated in the institution's programmes at Mt Abu, Delhi and other states.

Royalty Reclaimed

A national level programme for former rulers of erstwhile princely states was organised in Mt Abu in 1993. Many of the participants acknowledged that their influence with the people is still very powerful and as such they resolved to reclaim the role of 'exemplar' within their respective communities. All agreed that it is virtues and values which makes a great ruler, not simply a lofty title and extensive land holdings. Their commitment was to ensure that they become visible examples of living a value-based life.

Political Capital

In Delhi, the Wing has been organising programmes such as luncheon receptions for delegates of NAM Conference, Commonwealth Meet, the then President of Guyana, the Late Mr. Burnham, UN Dignitaries including Ms. Sally Swing Shelley, Chief of NGOs, Dr. Robert Muller, Dr. James Jonah, both Assistant Secretary Generals, Mr. Ustinov and Mr. Safronchuk, both Under-Secretary Generals and others.

Today's Youth for Tomorrow's World

Over 50,000 young people have joined the Brahma Kumaris as part of their commitment to their own personal growth and the spiritual upliftment of humankind. Having adopted a life of simplicity, celibacy - purity in all things including thoughts and actions - and positivity, the BK youth are providing hope for many of their peers who are seeking happiness and a positive vision for the future.

The wing members offer opportunities for young people to explore the joy of spiritual fulfilment. These opportunities manifest in seminars, retreats, workshops, get-togethers, regular talks and lectures where practical knowledge is shared and role models are provided..

Since its establishment in 1986, the Youth Wing has been responsible for initiating many interesting and innovative events, highlights of which are outlined as follows.

* Bharat Ekta Yuva Padyatra - to celebrate and commemorate 1985 as Youth Year, groups of young people set out on foot from 12 starting points around the country and visiting tiny villages as well as big cities on their journey. This campaign was initiated to inspire youth across

Awakening Campaign - in 1989, the campaign was organised under the umbrella theme of Global Cooperation for a Better World. The campaign aimed to heighten awareness as to the harmful effects of addictive substances and to the need for moral values. It also broached such subjects as superstition, blind faith, harmful customs/traditions, social and political tension and the negative consequences of being controlled by one's senses. The campaign

for our world. To this end, the Youth Wing invited its members to submit essays on a topic of their choice and so encourage them to exercise their young creative minds and develop their love for spiritual study.

* Youth Cycle Rally for Harmony - 1993 saw the world celebrate the International Year of Harmony and the Youth Wing really set the wheels in motion in India. Cycle rallies set out from eight parts of India. Overall there were 3000 cities and villages visited where

these enthusiastic and committed young people shared the value of living lives free from the influences of destructive habits such as use of drugs, drinking and smoking. Young Rajyogis sharing experiences with other young people was so inspirational that over 50,000 pledge forms were signed during the rally.

The Youth Wing also participated in the

Three Tier Elocution Competition for Youth, the Literacy Campaign and the National Environmental Awareness Campaign.



H.E. Shri Giani Zail Singh the then the President of India, with the group of youth participants in All India Yuv Padyatra and Cycle Yatra' after their finale at Delhi.

India to unite in peace, unity and brotherhood. The longest route was 3508kms and the shortest was 500kms. The culmination of this event was held in Delhi.

* All India Moral

enjoyed success in over 1500 cities in India and was welcomed into 1666 schools and colleges.

* Competition - creative thinking is essential if we are to create a different and more attractive future

A Matter of Lifelong Learning

*Education without purpose is a waste.
Education without values is a crime*

The Educationists Wing of Rajyoga Education & Research Foundation - the auxilliary organisation of Prajapita Brahma Kumaris Ishwariya Vishwa-Vidyalaya has been achieving great success in promoting spiritual, moral and human values through education. It has been organising a number of

programmes independently, as well as with the Association of Institutions and Universities, such as conferences, seminars, workshops, exhibitions and Personality Development Camps.

Some of the important programmes held include:

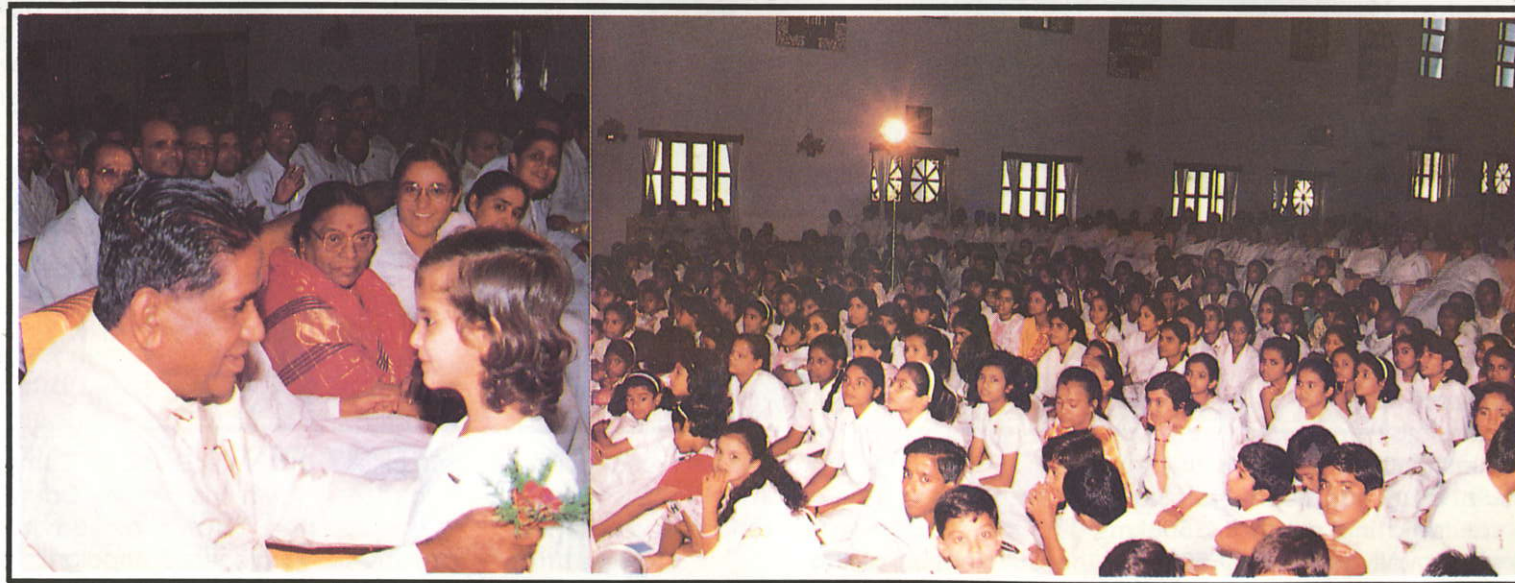
* In 1994 a National Conference

on "Towards the Betterment of Education" with M.S. University, Baroda.

- * "Education for a Better Society" with Mohanlal Sukhadia University, Udaipur, 1994.
- * "National Conference on Development, Peace & Harmony" with South Gujarat University, Surat.
- * The senior faculty members of the Brahma Kumaris World Spiritual University have been invited onto campus to give talks and inspire students and faculty members in different universities including Delhi University, Gulbarga University, Dharwad University, Bhavnagar University, Bangalore University, Mangalore University, Mohanlal

Sukhadia University, etc. Some of the topics were *Spiritual Dimension - a missing link in education; New Dimension in Education; Moral Values - the foundation of life; Value Education - a challenge in the present system; Role of Education in Promoting Human Values.*

About 25 Vice Chancellors of different Universities in India have visited our headquarters, Mount Abu on our invitation and they were given understanding about the institution and its contribution towards promoting peace and spiritual education. One of the Vice Chancellors and President of the Association of Indian Univesities Prof. S.V.Chitti Babu remarked "If



H.E. Dr. M. Chenna Reddy, the then Governor of Rajasthan, greeting children after the inauguration of 'All India Childrens' Personality Development Camp' at Mount Abu.

*paradise exists, it is here; it is here.
It is in this Vishwa-Vidyalyaya..."*

Children's Personality Development Camps

Since 1976, Children's Personality Development Camps have been organised at our headquarters in Mount Abu every year in the month of May. Children between 8-16 years age group from all over India participate in this programme. In addition to the moral, spiritual and yoga education and training, competitions on Speech, Essay Writing, Art, Dance, Drama and Sports are conducted. The emphasis in the camps is on all round development - physical, mental, social - and includes character building, inculcation of divine Virtues, meditational experiences and yogasanas. As a result of these training programmes, a large number of students after their formal education, have dedicated their lives to the Spiritual University and are responsible instruments in promoting socio-spiritual and value education both in India and abroad.

Service in Schools & Colleges

This Wing has also conducted scores of programmes through out India in different schools and colleges which include seminars, exhibitions, competitions, creative workshops and cultural programmes promoting values and spiritual wisdom. Some of the programme include:



↑ *Children participating in essay writing competition - All India Children Personality Development Camp held at Mt. Abu.*

*Ms.Selja Kumari, Dy.Education Minister Govt.of India and
Rajyogini Dadi Prakashmani presenting prizes to winners,
↓
Dr.Harish Shukla, Coordinator, Education Wing Presenting Certificates..*

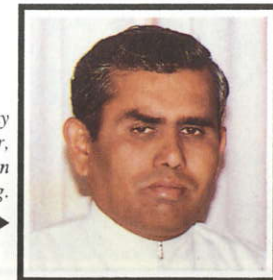


- ◆ *Teachers - Parents Harmony Seminar at Harinagar, Delhi 1993*
- ◆ *Competitions on poem recitation, debate, yogasan, dress, music, dance, essay, sit and draw etc.*
- ◆ *Awareness Campaigns promoting national integrity, universal brotherhood and also the eradication of drug addiction and social evils.*
- ◆ *Books prepared and published include - 'New Dimension in Education', 'Ache Bache', 'Bachon ke Baba', 'Bal Naitik Siksha', etc.*

Moral, Spiritual, and Rajyoga Education and Training for High School In-service Teachers

Yellapur: The Government of Karnataka has embraced the University's 21 day In-service training course on Moral, Spiritual and Rajyoga Education. This course is conducted each year with the aim of insprjing teachers to become role models for their students.

*B.K. Mruthyunjay
Coordinator,
Education
Wing.*



Cultural Wing

Culture - The Fabric of Society

A country without a culture is a country without a soul. India can perhaps boast one of the oldest cultures in the world - both spiritual and creative. In fact, according to BK Usha, the Chief Coordinator of the Cultural Wing of the Rajyoga Education & Research Foundation, spirituality and true creativity are inextricably linked. The Wing believes that the culture of any community, organisation or country is a natural and direct reflection of the spiritual and moral values it embodies. With this in mind the Wing continues

to research and develop a global cultural base drawn from the spiritual teachings of Rajyoga.

This cultural base manifests in various forms and employs the creative talents of the Wing's members as well as the latest developments in technology. Some of the areas in which it focuses its energy are in producing dance dramas, meditation music, audio visual education, and entertainment which is spiritually



uplifting.

As part of an international network, the Cultural Wing fulfills its global responsibilities towards inventing a global culture by

producing its material in many languages including: Hindi, Kannada, Tamil, Telugu (and other Indian languages), English, Spanish, French, Cantonese, etc.

Part of the success of this Wing is measured in its infiltration into society at large and this success has been considerable with meditation songs and music being played regularly on radio and television while some of the dance dramas have been specially produced for television coverage.

Audio and video cassettes available:

Audio

- *Om Shanti Songs
- *Divya Kahani
- *Meditation
- *Songs
- *Global
- *Cooperation
- *Songs
- *Rajyoga
- *Commentary
- *Tapasya Songs
- *Welcome Songs
- *Meditation as
- *Medicine

Video

- *The Day of Brahma
- *Madhuban
- *Unity in Diversity
- *Gyan Ganga
- *Atma Darshan
- *Women of Spirit Harmony



B.K. Usha,



New Dimension for Social Service

This Wing was formed under the Rajyoga Research and Education Foundation with the aim of bringing social organisations together and inspiring them to a spiritual orientation in their social service. To this end, education and training is offered to social workers helping them to develop a new and more effective way of working in the community. This Wing also works to heighten awareness against superstitions, rituals, social evils such as bride burning, child marriage and incest, and educates people about drug abuse and addictions.

Another aim of this Wing is to participate fully, in this country and abroad, in the creation of a new social order where happiness and peace prevail.

Many programmes have been organised by this Wing to achieve its aims and objectives some of which are outlined below:

- * Seminar and Rajyoga Shivir at Mt Abu for the representatives of various social organisations.
- * Experiential workshops for

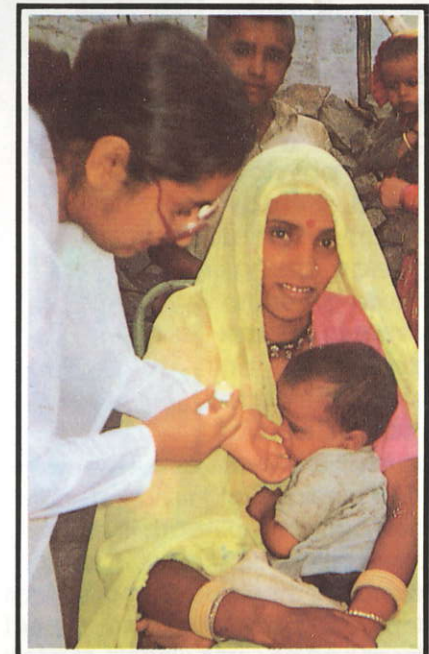


Social organisations Seminar.



Doctors serving the poor patients

- * the heads of 27 social organisations at Chandigarh
- * Social workers' conference in Mt Abu followed by retreat to provide sustenance and guidance on how to nurture oneself whilst nurturing others.
- * Seminar for social workers in Ahmedabad chaired by Justice S.M. Soni of the Gujarat High Court.
- * Social Upliftment Conference in 1992 in Valsad, Gujarat.
- * Surat 1992 hosted World Transformation and Social Organisation
- * Social Upliftment conference at Mani Nagar, Ahmedabad for 500 delegates including many heads of organisations and state ministers.



Dr. Vinay Lakshmi treating a patient

Women's Wing

Women and Value-based Society

India is the home of the goddess. For thousands of years her people have recognised the beauty and power of the feminine - though mostly it has been restricted to the esoteric world.

A New Vision for Women

In 1937 Prajapita Brahma the Founder of Brahma Kumaris, recognised the need to re-emerge the qualities of the goddess within the physical realm. He saw clearly that human beings had forgotten the virtues of the goddess in practical life and that instead of love there was war; in place of cooperation there existed competition; poverty was more prevalent than wealth; sharing was replaced by stealing and respect for all had become worship of a few

and dominance of many.

Brahma Baba foresaw that towards the end of the century, the Dominance Paradigm would have a complete strangle hold on

bringing the virtues of the goddess into our hearts and into our actions.

Since that time the Brahma Kumaris have supported the valuing of women and the qualities women bring to society. As we approach the end of the millennium, men and women the world over are also becoming aware of the urgent need to emerge these qualities in all facets of life - in the home, at work, at

countries have varying traditions for the female members of their communities. Naturally the Wing's service activities are performed with regard and respect for these traditions though it does not condone dangerous or degrading rituals.

Service in India

In order to fulfil its objectives, the Wing adopts various means to create awareness among women of their place, role, potential and social responsibility. It also creates awareness among men of the service women already do in the family and society.

Exhibitions and Publications

The Wing has been holding exhibitions in many parts of India to uplift

women's place in society. It also aims to counteract and eradicate the negative propaganda against women in some ancient religious literature.



A view of participants in All India Women Conference held at Talkatora Indoor Stadium New Delhi.

humanity. And so because of his commitment to bringing about a Golden-aged world, he began to respect, uplift and educate women to be teachers and leaders,

school, with family and friends.

Service - A Matter of Context

Different cultures in different

A special issue magazine was published by the Wing, explaining the high spiritual, intellectual, social and physical potential of women. The magazine also carried many articles extolling the specialities which women in general bring to our community, country and world.

A booklet was prepared in Hindi for mass circulation, entitled *Nari tu Kalyani ban.* (In English - *Woman! Will you Please Become an Instrument for Societal wellbeing.*)

Conferences and Workshops

The Women's Wing has organised over one hundred conferences and workshops across the length and breadth of India. These workshops and conferences were attended by women representing all fields of endeavour and sought to awaken women to their social responsibility at this crucial time in history.

In 1990, a national level conference was held in a packed Talkatora Indoor stadium in Delhi and many women as well as interested men attended. The conference was inaugurated by Shri Ranganath Mishra, the then Chief Justice of India and numerous government dignitaries participated.

Some Keys to Change

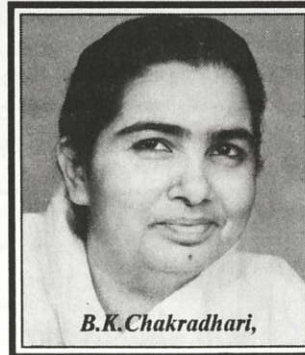
- * Through example and the way they treat their children, women



A view of women's workshop held at Mt. Abu

directly influence the character development of their young

- * Because women generally have the capacity to provide a loving environment, they are encouraged to do so, making the family a place where family members



B.K. Chakradhari,

can be without tension and can feel that essential quality of belonging. Naturally for women to have the necessary inner strength to 'keep giving,' they themselves need to learn how to fill themselves with power. Workshops on this were held and proved to be both practical and popular.



Justice Ranganath Mishra the then, Chief Justice of India inaugurating 'All India Women Conference' at Delhi.

- * Education is given about the true meaning of Sati and motivation is provided to inspire women to constantly remain attentive in the war against early marriage, the social evil of dowry and being treated as an object of sex as this is the greatest proponent in degrading and dehumanising any human being.

Towards Cooperation

The Speakers from the Wing are often invited to attend conferences where large numbers of men are present. At such engagements, emphasis is given to the need to uplift women's status according to basic human moral values. Men are also encouraged to participate, so that men and women work for the whole of society.

International Women's Events

Each year the Wing celebrates International Women's Day. In 1985 representatives attended the Third International Women's Conference in Nairobi and in 1995, the Fourth International Women's Conference will be held in Beijing. representative from the Brahma Kumaris will attend the conference to share their message of non-violent cooperative transformation based on spiritual values. ◆

Media - A Modern Day Messenger

Not fifty years ago media would be defined as the daily or weekly newspaper and magazines - which meant that an individual's world was no bigger than the community he lived and worked in. Today each one's world has expanded to encompass the globe. The world of communication technology -- or in the broadest sense media -- has contracted the planet. News of an earthquake in India reaches the farthest shores of the farthest continents within minutes of the happens. Using a personal computer we can access the latest information from stockmarkets, the Internet or any part of the world political arena.

We can delve into the Vatican archives, design information brochures and books or go shopping in the world's largest electronic shopping mall.

Media has become 'multi-media' and the Media Wing of the Rajyoga Education and

Research Foundation continues to explore the latest technology in communication and information dissemination from audio/video cassette, film/music/slide, audio CD, CD-Rom, floppy discs, Internet forums to the traditional forms of media communication - print (newspapers, magazines and brochures) as well as the electronic media in the form of radio and television.

The Media Wing works in support of the institution in the bid to uplift humanity through spreading the knowledge of applied spiritual values as found in the teachings of Rajyoga. .

Journalists Accept Responsibility

Both nationally and internationally the Wing is experiencing a lot of cooperation from various areas of the media with television programmes, regular radio spots and allocated space in print media. The cooperation within the print media has resulted in the formation of Journalists for Tomorrow - a network of concerned journalists throughout the world who are committed to bringing positive news into the press and to taking up the responsibility of influencing society in a positive way.

A dialogue on the Moral Authority of Journalism was held in Mexico from 3 -14 October in 1994. A group of four journalists travelled to different cities and institutions during this period, meeting journalists from all areas of the media.

Information -- Dissemination in Print

In terms of print media outside the press, there are scores of books, magazines, leaflets, etc. published each year in over ten languages. The Wing also publishes audio and video material, maintains photo archives as well as generating inspiration among media personnel to take up the challenge of promoting positivity in an industry which perpetuates negativity.

Some of the events which have been staged in India include:

*Media

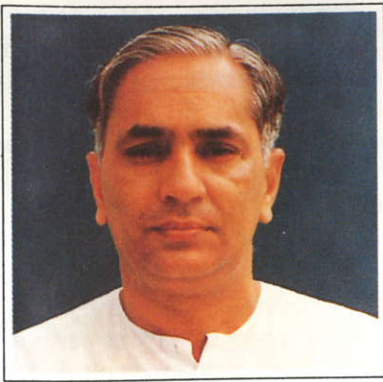
Symposium in Raipur (M.P) - on the occasion of the silver jubilee of the angelic ascension of Brahma Baba as part of the Golden World Festival. About 300 journalists were present to hear this plea.

*

Role of Mass Media in Bringing



Mr. Federik Vonson Son, B.K. Jacqueline Berg, Prof. Romeo Pardo, B.K. Mohini, Mr. Miguel Conchay, Journalist are participating in Media Conference held at Mexico.



B.K. Om Prakash

about a Social Change -an international conference held in Madras during the 'Global Cooperation for a Better World' Project. Workshops and plenary session saw many lights of the media world participate.

* Punjab is the home of ongoing service of media persons with regular dialogues between some of the leaders in this area such as: Shri V.N. Narayanan, Editor-in-Chief of The Tribune Group of papers; Shri Prem Kumar,



B.K. Sunder Lal

Resident Editor, Indian Express; Shri Vijay Saihgal, Editor, Dainik Tribune; Shri Harbhajan Halwarvi, Editor Punjabi Tribune.

* As the nation's capital, Delhi's media is both rich and vital. Service in the capital is built on rapport and trust and many of the leading journalists and media persons attend conferences at the Mt Abu Headquarters as well as promoting, whenever possible, a positive picture for the public. Spiritual

programmes held in Delhi are always well covered. Bro. Kuldip N a y a r , Journalist; Mr. B.K. Mishra, A d v i s e r , Hindustan Times Group; Mr. V.N. Mishra, Chief E d i t o r , Navbharat Times; Mr.

M.K. Mishra, Editorial Adviser, Rashtriya Sahara; Mr. C.P. Raghavan, Editor, Express News Service; UNI and PTI are always helpful



At the media meet Mr. R.K. Karanjia, Editor-in-Chief, Blitz group of Paper.

Film

A number of film and television industry professionals over the years have found the activities of the University to be fascinating material for documentary films, television programmes, interviews and news.

Films Produced include:

* A 30 minute film directed by the famous late director, Mr Sukhdev

enjoyed seasons at various cinemas throughout the country.

* "Anand" - a ten minute docudrama also had a wide cinema release.

* The Film Division of the Government of India produced "Om Shanti" (film magazine no. 150) which was dubbed into 16 languages and exhibited throughout India. "Om Shanti" was also despatched to Indian embassies around the world to help promote India.

* A 35 minute documentary "Harmony"

highlighting excerpts from the Universal H a r m o n y Conference was broadcast throughout the country on different networks.

* "Divya Jyoti" - Kannada, Tamil and Telegu - is a two episode documentary

film which was telecast on Banga-lore Doordarshan Kendra and National Channel.

* "Divya Darshan" - Hindi - a 30 minute film telecast by Delhi, Bombay and Jaipur Doordarshan Kendras.

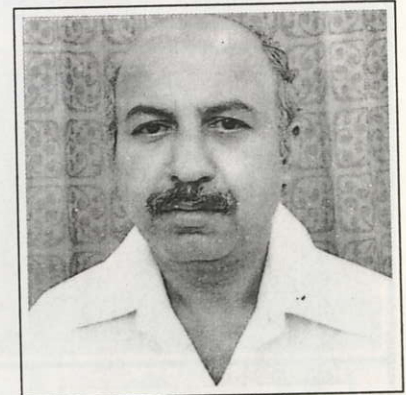
* "Shanti ke Path par" - a short film commemorating the release of the postage stamp of Pitashri Prajapita Brahma and his spiritual message for mankind which was shown on National Network, Delhi and Bombay Doordarshan.



B.K. Karuna

* "Harmony" was made by the Asian Television Network in three episodes, covering the international conference on Universal Harmony held in Mt Abu in 1993 and was telecast in various countries throughout the world.

The Zee Television Network telecast a series of 30 minute talks by Sister B.K. Sheelu of Mt Abu. The title was 'Jagaran' and the overall context of the series was on adopting values in one's life.



B.K. Aspi

The Will to Unite

India is the Greatest pilgrimage place on earth. People from all over the world are pulled to her shores in search of the elusive 'something' which will bring meaning and purpose into their lives.

India has a tradition of rich spiritual teachings. Buddha became enlightened here; it is thought that Christ spent a number of years in India studying spiritual laws and truths; Shankaracharya shared his vision of restoring the virtue of purity; Guru Nanak gave birth to the Sikh religion.

And of course, the Gita is said to be the Mother of all scriptures.

Human World Tree

One of the fundamental understandings of the Brahma Kumaris is that no matter one's spiritual beliefs, we are all souls - children of the One Father - the Supreme. The philosophy of Brahma Kumaris encompasses all religions and beliefs as part of the human world tree. It seems though at times that the tree turns on itself - branch against branch - as they battle for supremacy and power.

Seeing the roots of the branches

One of the aims of the

Religions Wing is to bring the branches together again in a spirit of understanding - understanding which is built on respect and regard and most of all, brotherhood. Of course the real foundation for this understanding is the realisation of the self as a spiritual being.

The Wing hopes by bring religious leaders together in dialogue and meditation, or prayer, that the leaders will cooperate and combine their influence to bring a message of spiritual unity to the peoples of their faiths.

There have been many gatherings throughout the years, here in India as well as Brahma Kumaris interfaith Programmes abroad. Some of the major events in the past few years are :

* 1987 - Universal Peace

Conference Mt Abu - Mahamandaleshwars, Mahants and Heads of religious institutions

* 1988 - Adhyatmic Jeevan Darshan Maha Sammelan Mt Abu

* 1993 - Dharmacharya Maha Sammelan Mt Abu.

* 1993 - In Chicago USA, the Parliament of Religious was held. The Brahma Kumaris played an instrumental role in the organisation of this spiritual extravaganza which involved the participation of all the major religious and spiritual leaders of the World Dadi Prakashmani, Chief of Brahma Kumaris, was invited to address one of the largest plenary sessions to share her deep experiences of the past 55 years as a Rajyogi. ♦



Mahamandaleshwars participated in Religious leaders conference held at Mt. Abu



Inauguration of Dharmacharya Mahasammelan held at Mt. Abu. Jagadgurus of Sri Sailam, Sutturmath & General Secretary of Bharat Sadhu Samaj are in photo

News in Pictures



1. Dadi Prakashmani Sharing her Spiritual experiences with mother Theresa. 2. Shri R. Venkataraman the then President of India with Dadi Prakashmani during his visit to Mt. Abu. 3. H.E. Nelson Mandela President of South Africa with a group of B.K.s from Raja Yoga Centre in Johannesburg. 4. H.E. Mr. Boutros Boutros Ghali Secretary-General of the United Nations being presented 'Visions of a Better World' book by Lord Ennals and B.K. Pam at Geneva. 5. H.E. Dr. M. Chenna Reddy Governor of Rajasthan & Chancellor of Mohan Lal Sukhadia University, Udaipur, presenting Honourary Doctorate Degree to Dadi Prakashmani. 6. B.K. Nirwair meeting with the then Secretary General of UNO Dr. Javier Perez de Cuellar. 7. B.K. Mrutyunjaya pinning the badge to Hon'ble Vice-President of India Shri K.N. Narayanan. 8. Dadi Prakashmani Sharing her Spiritual experiences with Former Prime Minister Shri Rajiv Gandhi.



Think Globally, Act Locally

The J.W.M. Global Hospital & Research Centre is situated in the majestic hills of Mt Abu. The city of lakes, with its pollution free environment, is a perfect setting for this 'holistic' hospital.

Blueprint for the Future

The Trustees of the Global Hospital can be congratulated for their capacity to think on a global scale while acting very effectively at a local level. Both visitors and patients will find a rather unique atmosphere in the hospital, which has been created by the practice of spiritual values in the workplace. It is an 'holistic hospital'. A prototype hospital for the future.

From the beginning the aim of the hospital was to be a self sufficient Health Centre, and while almost 80 percent of the 1,67,000 patients have been treated free of charge, it has achieved its aim.

Looking Back

The staff of the hospital are extremely dedicated and are the best in their fields. It is through their dedication and professionalism and with the guidance of the Board of Trustees, that this hospital has arrived at its second phase.

Free services like Medical

Camps, Eye Camps, Leprosy Camps, Cancer Surgery Camps, Endoscopy Camps, IQ and Personality Assessment Camps and Speech Therapy Camps have been held in the remote corners of Mt Abu and surrounding areas, by the doctors of GHRC and other visiting Surgeons and their teams.

In the past, the hospital has had regular visits by surgeons in the fields of Orthopaedics, ENT and Paediatrics.

Village Outreach Programme

This much needed community service began in 1991 when it was recognised that 80% of the population of India lived in the villages, sustaining the country with crops and milk, yet are without even basic health services. The village outreach programme, goes to serve these poor, underprivileged people giving free treatment and education to prevent disease. There are about 90,000 people living in 85 villages in the region, with 54,000 being totally backward tribal people.

Simple ailments can be easily avoided through proper education. A relationship of trust has now been built making



A view of J.W.M. Global Hospital Research Centre

possible a system which is self sustaining, whereby villagers can identify, seek treatment and prevent disease - before it becomes an emergency.

International Recognition

In 1994, the success of this community service was acknowledged by Rotary International when the Governor of Rotary, Mr John Strong (USA) travelled to Mt Abu to present a much needed ambulance to the Outreach Programme. This vehicle means that not only can the hospital 'reach out' but it can easily transport the villagers in need of treatment to Mt Abu where they receive the necessary care and hospitalisation free of charge.

Looking Ahead

The second phase of the GHRC

to be inaugurated in February 1995, is the 70 bed wards for in patient care. This is only part of the larger plan of a 120 bed hospital.

Some of the features of the new phase are:

- * 3 Operating Theatres
- * Cardiopulmonary Diagnostic Unit
- * Intensive Care Unit
- * Advance Ophthalmology Centre
- * Cancer Care Centre
- * Ayurvedic Medicine & Panchkarm
- * Yoga Therapy
- * Nature Cure Clinic

A School of Nursing is also in the planning stage as there is a growing need for specialised and dedicated hands. ◆

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